

# A GUIDE OF RESOURCES IN GENESEE COUNTY





#### **PLEASE NOTE:**

Programs and services often change. Please CALL the agency to confirm that the information listed is current.

The information in this document is not considered to be an endorsement. It is intended for informational purposes only and is not all inclusive.

To update information, make changes or add a service or program to the list, please email <a href="mailto:lrosenberg@gchd.us">lrosenberg@gchd.us</a> or call 810-341-5428. Last modified 11/2019.

Floyd J. McCree Courts & Human Services Center ♦ 630 S. Saginaw Street, Ste. 4 ♦ Flint, MI 48502

**Burton Branch** ♦ G-3373 S. Saginaw Street ♦ Burton, MI 48529

Main Phone 810-257-3612 ♦ Visit us at: www.gchd.us



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# **ADOPTION**

#### **Adopt US Kids**

Provides information on how to foster or adopt a child, post-adoption resources and more.

888-444-3911

www.adoptUSkidds.org

#### **Ennis Center for Children**

Offers a variety of programs to protect children and strengthen families such as foster care, adoption, youth assistance, outpatient counseling and more.

129 East Third Street, Flint, MI 48502

810-233-4031

www.enniscenter.org

#### Michigan Adoption Resource Exchange (MARE)

Michigan Department of Health and Human Services (MDHHS)

MARE offers adoption parent resources, support, records, forms, frequently asked questions and connects you with a licensed adoption agency. It also provides photos and information on Michigan children available for adoption.

800-589-6273

www.michigan.gov/dhhs

#### Orchards Children's Services

Offers help with adoption, foster care, family preservation, unifications and more. 444 Church Street, Flint, MI 48502

810-239-3264

www.orchards.org

# ANGER MANAGEMENT

#### CHILL (Civility Helps Individuals Live Longer)

A 12-week program for ages 12-17 develop problem solving skills and new ways to think about how they respond to conflicts. Offered at the Genesee Intermediate School District (GISD) and other locations and funded by the United Way and Family Court Juvenile Division.

810-591-5143

www.geneseeisd.org

# **ASTHMA**

#### **Genesee County Asthma Network**

Pediatric asthma support groups where you can talk about topics related to asthma.

Hurley Medical Center, 1 Hurley Plaza, Flint, MI 48503

810-262-9120

www.getasthmahelp.org/genesee-county-asthma-network

#### Hurly Asthma Clinic

Doctors and nurses work with you and your family as a team to manage your asthma with valuable information on asthma treatment and prevention. Classes are available.

1125 South Linden Road, Flint, MI 48503

810-262-2130

www.hurleyasthmakids.com

#### MATCH Program (Managing Asthma Through Case Management)

A home visiting program to help manage asthma with Hurley Asthma Disease Managers. 810-262-9591 or 810-262-6125

www.hurleymc.com

# **AUTISM**

#### Autism Alliance of Michigan

A team of autism specialists work one-on-one with families to help navigate and overcome the many barriers people face when trying to access care and support their loved one affected by autism. Helps you find services and resources in your area.

877-463-2266

www.autismallianceofmichigan.org

#### **Autism Support Group and Resource Center**

Provides support, advocacy, social, recreational and life skill experiences for those living with autism. Includes social opportunities, sports, camps, recreation and life skills.

4476 S. Dort Hwy, Burton, MI 48509

810-742-5404

www.geneseeautism.org

#### Neurodevelopmental Center of Excellence – Genesee Health System

Provides developmental screenings and help for children. Offers Autism Spectrum Disorder (ASD) and Fetal alcohol Spectrum Disorder (FASD) assessments, and neuropsychological assessments related to lead exposure from Flint water.

420 W. Fifth Avenue, Flint, MI 48503

810-496-5677

www.genhs.org/nce

#### **Strive Center for Autism**

A center-based Applied Behavior Analysis (ABA) clinic that offers full day and half day programs for children ages 2-12.

G4476 Dort Highway, Burton, MI 48529

810-344-8082

www.sc-centers.com

# **BABY CARE**

#### **Carriage Town Ministries**

Attend a baby care class and receive a layette of new baby items. For moms and dads two months prior to birth to six months after birth of child.

605 Garland Street, Flint, MI 48503

810-238-6847

www.carriagetown.org

#### **Hurley Medical Center**

Learn baby care basics like bathing, feeding, home and car seat safety, milestones to look out for in preparation for doctor visits. Get expert advice on sleeping patterns, tips to soothe your infant and methods for keeping him or her safe, including how to perform CPR and The Heimlich Maneuver.

1 Hurley Plaza, Flint, MI 48503

888-611-4462

www.hurleymc.com

#### McLaren Flint

Learn basic infant care, growth and development, parenting skills, family adjustments, and safety concerns. Spouse or support persons are welcome to attend.

401 S. Ballenger Highway, Flint, MI 48532

810-342-4896

www.mclaren.org

# **BED BUGS**

#### All-In-One Pest Control

Local pest control service that you can hire to remove bed bugs from your home.

4294 Richfield Road, Flint, MI 48506

810-736-9513

www.all-n-onepestcontrol.com

#### **Genesee County Health Department**

Call for information about getting education and a kit to help get rid of bed bugs.

810-341-5428

www.gchd.us

#### State Office of the Attorney General

For tenant and landlord disputes regarding bed bugs.

877-765-8388

www.michigan.gov/ag

## **BIG BROTHERS BIG SISTERS**

Provides children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

410 E. 2nd Street, Flint, MI 48503 810-235-0617

www.bbbsflint.org

# BREASTFEEDING

#### Baby Café

Weekly breastfeeding drop-in support for moms/dads/families to share advice, get advice and just talk about their experiences. Mondays, 10am-12pm.

2400 Clarice Avenue, Burton, MI 48519

810-235-5613

www.gchd.us

#### **Beyond Breastfeeding Basics**

A class at the Burton WIC clinic on what to expect with breastfeeding, how to establish a great milk supply, benefits of breastfeeding for mom and baby, working and breastfeeding and much more. G-3373 S. Saginaw Street, Burton, MI 48529

810-237-4606

www.gchd.us

#### **Genesys Regional Medical Center**

Lactation Support/Outpatient Breastfeeding Clinic: 810-606-5898

Breastfeeding classes: 810-606-5897 After Hours Nursery: 810-606-5840

Maternal-Infant Health Program: 810-603-8623

www.genesys.org

#### **Hurley Medical Center**

Maternal-Infant Health: 810-262-9317

Lactation Consultants/Breastfeeding Clinic: 810-262-9480

Breastfeeding classes: 888-611-4462

www.hurleymc.com

#### La Leche League

Experienced mothers who have breastfed their own babies and been trained by La Leche League to help mothers and mothers-to-be with breastfeeding. Phone and e-mail whenever you have breastfeeding questions or concerns. Calls, emails and meetings are FREE.

www.lalecheleagueofmichigan.org

McLaren Regional Medical Center – Birth Center

Lactation Consultants and Breastfeeding Clinic: 810-262-9317

Breastfeeding classes: 810-342-4896

7 South, 401 South Ballenger Highway, Flint, MI 48532

www.mclaren.org

WIC Breastfeeding support (Women Infants and Children)

Offers walk-in help with breastfeeding counselors, breastfeeding classes and support groups.

G-3373 Saginaw Street, Burton, MI 48529

810-237-4606

www.gchd.us

# **BREAST PUMPS**

\*\*MOST MEDICAID INSURANCE PLANS PROVIDE ONE ELECTRIC BREAST PUMP AFTER BIRTH. \*\*
CALL YOUR PLAN FOR INFORMATION

**Ballenger Pointe-Medical Supplies** 

2316 S. Ballenger Highway, Flint, MI 48503 810-406-4444

Binson's Medical Equipment and Supplies

G-4433 Miller Road, Flint, MI 48507

810-733-0280

Hart Medical Equipment/Medical Supply & Equipment

3033 E. Grand Blanc Road, Grand Blanc, MI 48439

Hart Medical Equipment/Genesys Healthy Equipment

8220 S. Saginaw, Grand Blanc, MI 48439

810-694-4391

Hart Medical Equipment (inside Genesys Medical Center)

1432 Genesys Parkway, Grand Blanc, MI

810-866-9435

McLaren Regional Medical Center

401 S. Ballenger Highway, Flint, MI 48532

810-406-4502

(For use before discharge from Hospital)

# **CAR SEATS**

#### **Answer Center for Women**

A pregnancy center that provides car seats or pack-n-plays (when available) as well as other pregnancy resources after watching a 45 minute video.

626 Stevens Street, Flint, MI 48502

810-234-7777

www.answercenterforwomen.org

#### **GCCARD**

Car seats may be available and car seat checks are held the 3<sup>rd</sup> Thursday of each month. 2171 S. Linden Road, Flint, MI 48532 810-235-5613

www.gc4me.com

#### **Heartbeat of Greater Flint**

Maternity and baby clothing supplies may be available such as, diapers, infant formula, car seats, strollers, play pens, high chairs, etc. and loan closet for baby furniture.

Monday – Friday, 10am- 2:45 pm

320 E. Fourth Street, Flint, MI 48502

810-232-3101

800-238-4269 (Emergency line)

www.remixgenesee.org

#### Michigan State Police

Check website for upcoming car seat events and car seat safety checks.

www.michigan.gov

#### Safe Kids Greater Flint

Holds car seat checkups, safety workshops and may have car seats.

**Hurley Medical Center** 

810-262-9642

www.safekids.org/coalition/safe-kids-michigan

### CASE MANAGEMENT

#### Children's Special Health Care Services (CSHCS)

Helps coordinate care for children with complex medical cases. Offers family centered care plans, advocacy and education. All insurances accepted. Fee is based on income.

630 S. Saginaw Street, Suite 4, Flint, MI 48502

810-257-3146

www.gchd.us/cshcs

#### **Easter Seals Family Services**

Offers many services for children and families such as individual, family, and group therapy, family centered planning, in-home therapy, case management, infant mental health, family psycho-educational

services, services for children/adolescents with substance use, juvenile justice programs, adventure therapy, wraparound, trauma specific therapy and adolescent substance use.

1420 West University, Flint, MI 48504

810-238-0475

www.easterseals.com

#### **Genesee Health System (GHS)**

Provides case management and supports services for children with emotional disturbances or developmental disabilities.

420 W. Fifth Avenue, Flint, MI 48503

810-257-3705

www.genhs.org/Services/Mental-Health-Services/Childrens-Services-and-Supports

#### Greater Flint Health Coalition- Children's Healthcare Access Program (CHAP)

A program that works with you and your child's doctor to connect you with support services to ensure the best health outcomes possible. Available to children eligible for Medicaid.

519 S. Saginaw Street, Suite 306, Flint, MI 48502

810-232-2228

www.gfhc.org

# CHILD ABUSE & NEGLECT

If you suspect child abuse or neglect, call 855-444-3911 any time day or night.

#### Children's Protective Services (CPS)

Investigates child abuse and neglect. Speak up anytime day or night.

125 E. Union Street, Flint, MI 48502

855-444-3911

www.michigan.gov/mdhhs

#### Voices for Children

Helps prevents child abuse and help survivors become children again.

515 East Flint Street, Flint, MI 48503

810-238-3333

www.weissadvocacycenter.org

# CHILDBRITH CLASSES

#### **Genesys Medical Center**

Childbirth education classes to help you prepare for childbirth and delivery.

1 Genesys Pkwy, Grand Blanc, MI 48439

810-606-5897

www.healthcare.ascension.org

#### **Hurley Medical Center**

If you are at least 20 weeks along, you can register for classes in childbirth, breastfeeding, infant CPR and safety and more.

1 Hurley Plaza, Flint, MI 48503 888-611-4462

www.hurleymc.com

#### McLaren Flint - Family Birth Place

Offers classes in childbirth preparation, natural comfort techniques, baby care and breastfeeding. 401 South Ballenger Highway, Flint, MI 48532

810-342-2279

www.mclaren.org

# **CHILDCARE**

#### Child Development and Care (CDC) Program

You may qualify for help paying for childcare through the Michigan Department of Education. If you have a child under the age of four, live in the Flint water system area or if you (when you were pregnant) or your child lived, worked, or received childcare or education at an address that was serviced by the Flint water system at any time from April 25, 2014 - August 14, 2016 you qualify. You may also qualify based on income.

877-614-7328

www.michigan.gov

#### Child Care Network

Provides support to families on finding and/or paying for childcare; provides support to early education/child care providers in quality improvement efforts; offers training in early childhood topics; loans curriculum, books, early childhood toys, learning kits, and other resources through its library. 412 S. Saginaw, 3rd Floor, Suite 302, Flint, MI 48502

810-407-7285

www.childcarenetwork.org

#### Great Start to Quality

Search this database for a childcare provider. Use the ZIP code to search for care near where you work or live.

810-407-7285

www.greatstarttoquality.org

#### Provider Empowerment Program (PEP)

Helps those caring for children of family, friends and neighbors or a non-licensed childcare provide the best possible care. Offers free trainings, activities, resources, play groups, books, learning materials, clothes, toys, household goods, food, grants for home repairs, help with subsidy and more. pep-flint@mich.edu

810-221-1525

# **CLOTHING**

#### **Catholic Charities**

Offers items such as toothpaste, shampoo, diapers, formula, and toilet paper, as well as clothing and household goods are distributed to those in need when available.

Monday – Friday, 1-4pm 517 E. Fifth Avenue, Flint, MI 48503 810-265-7025

www.catholiccharitiesflint.org

#### **Crossover Ministry**

Clients can shop for clothing once every 60 days with a valid referral and proof of children living in their homes. They provide free food (once per month), clothing, shampoo and soap, warm winter coats, safe drinking water, dishes, pots and pans, and more.

414 W. Court Street, Flint, MI 48503 810-234-2479

www.crossoverministryflint.org

#### **Eastside Mission**

A clothing and food pantry. May have furniture (when available) for a small fee. Photo ID and a piece of mail required or proof of residence needed.

Tuesday-Thursday, 9:30am-12:30pm 1917 Delaware, Flint, MI 48506 810-767-5312

www.flinteastsidemission.org

#### **Greater Holy Temple**

Holds a Help Center every Thursday providing water, food, personal and household items. They also have a clothing pantry that allows 15 items per person, per visit. May visit twice per week. 6702 Dort Highway, Flint, MI 48505 810-787-3960

www.greaterholytemple.org

#### Metropolitan Baptist Church

Food and clothing pantry. Tuesdays, 10am-12pm 930 East Myrtle Avenue, Flint, MI 48505 810-787-9731

www.themetrobt.org

#### Old News Boys

Offers coats or pair of shoes for children. Please call your child's school and ask for the parent liaison or counselor.

6255 Taylor Drive, Flint, MI 48507 810-744-1840 www.onbflint.org

Salvation Army Family Store and Donation Center Clothing and household items. 4273 Corunna Road, Flint, MI 48532 810-600-0020 www.salvationarmyusa.org

Salvation Army Family Store Clothing and home items. 2200 N. Dort Highway, Flint, MI 48506 810-234-2678 x 220

www.salvationarmyusa.org

# COLLEGES/UNIVERSITIES

Baker College - Flint 1050 W. Bristol Road, Flint, MI 48507 855-487-7888 www.baker.edu/campuses/michigan/flint

<u>Davenport University</u> 1401 E. Court Street, Flint, MI 48503 810-732-9977 or 800-27-1443 www.davenport.edu

Ferris State University 1401 E. Court Street, Flint, MI 48503 810-762-0461 or 866-387-9430 www.ferris.edu

Kettering University
1700 University Avenue, Flint, MI 48504
810-762-9500
www.kettering.edu

Michigan State University- College of Human Medicine 200 E 1<sup>st</sup> Street, Flint, MI 48502 810-600-5600 www.msufame.msu.edu

Mott Community College 1401 E. Court Street, Flint, MI 48503 810-762-0200 www.mcc.edu

<u>University of Michigan</u> 303 E. Kearsley Street, Flint, MI 48502 810-762-3300

#### www.umflint.edu

# COMPLEX MEDICAL NEEDS (CHILD)

#### Children's Special Health Care Services (CSHCS)

Helps coordinate care for children with complex medical cases. Offers family centered care plans, advocacy and education. All insurances accepted. Fee is based on income.

630 S. Saginaw Street, Suite 4, Flint, MI 48502

810-257-3146

www.gchd.us/cshcs

# **COMPUTERS**

#### Protect MI Child

Protect your child from virtual threats. Go to <a href="www.protectmichild">www.protectmichild</a> and register your child's electronic devices. It is easy, free, and will give peace of mind that adds for alcohol, tobacco, gambling, and pornography are not reaching them on their electronic devices.

www.protectmichild.com

#### Flint Public Library

Free computer use. 1026 E. Kearsley Street, Flint, MI 48503 810-232-7111

#### **Hispanic Technology Center**

Free access for local residents to computers, internet and computer training. 2101 Lewis Street, Flint, MI 48506 810-424-3760 www.mcc.edu/hispanic ctc/

# **CONDOMS**

#### Genesee County Health Department - Burton Branch

Stop in for free condoms G-3373 S. Saginaw Street, Burton, MI 48529 810-237-4538 www.gchd.us

#### Planned Parenthood

Flint health center for family planning services and offers free condoms. G-3371 Beecher Rd, Flint, MI 48532 810-238-3631

www.plannedparenthood.org

#### **Wellness Services**

Offers a safe space for individuals and couples to get tested for HIV and STIs, get free condoms and lube. 311 E Court St, Flint, MI 48502 810-232-0888

# **COOKING CLASSES**

#### Commit to Fit! Cooking with Kids

 ${\bf Cooking\ demonstrations\ and\ education\ with\ the\ Greater\ Flint\ Health\ Coalition.}$ 

810-232-2228

www.commit2fit.com

#### Cooking Matters - MSU extension

Cooking classes for teens, adults and childcare professionals on healthy eating, cooking, and grocery shopping on a limited budget.

810-244-8500

www.canr.msu.edu

### **CPR**

#### The American Red Cross

Offers classes in first aid, CPR (Cardio Pulmonary Resuscitation), babysitting and more.

810-232-1401

www.redcross.org

# DEAF/HARD OF HEARING

#### **Communication Access Center**

 $Offers\ community\ interpreting\ services,\ senior\ citizens\ programs,\ substitute\ teachers\ and\ more.$ 

1277 W. Court Street, Flint, MI 48503

810-239-3112

www.cacdhh.org

#### Deaf and Hearing Impaired Services (DHIS)

Provides American Sign Language interpreters, sign language counseling, sign language classes, support groups, video relay and other assistive devices.

25882 Orchard Lake Road, Suite 100, Farmington Hills, MI 48336

248-473-1888

www.dhisonline.org

#### Hearing Loss Association of America- Michigan State Association

Provides information, advocacy and support meetings to people with hearing loss in Michigan.

7400 Bay Road, University Center, MI 48710

989-860-0961

www.hearingloss-mi.org

#### Michigan Hands and Voices

Parent-driven collaborative group that is unbiased toward communication modes and methods P.O. Box 10038, Lansing, MI 48913 248-845-8762

www.mihandsandvoices.org

#### Michigan School for the Deaf

School for children with hearing loss, family ASL (American Sign Language) classes, counseling, assistance with hearing technology and screening.

1235 W. Court Street, Flint, MI 48503

810-257-1400

www.michganschoolforthedeaf.org

# **DENTAL CARE**

#### Baby Those Baby Teeth

A list of dentists in Genesee County that provide services to infants and toddlers.

810-232-2228

www.gfhc.org

#### **Hamilton Community Health Network**

Dental care for people of all ages at 3 locations. North Clinic, G-5399 N. Saginaw Street, Flint, MI 48504 Main Clinic, 2900 N. Saginaw Street, Flint, MI 48505 Burton Clinic, G-3375 S. Saginaw Street, Burton, MI 48529 810-406-4246

www.hamiltonchn.org

#### **Healthy Kids Dental**

Dental care is available to children who have Medicaid and are under the age of 21. 866-696-7441

www.healthykidsdental.org

#### Mott Children's Health Center

806 Tuuri Place, Flint, MI 48503 810-767-5750

www.mottchc.org/services/dentistry

#### Mott Community College Dental Hygiene Clinic

Low cost, quality, dental care available September through June Only. Dental hygiene students provide services under close supervision by licensed Dentists and Dental Hygienists. Located at Mott Community College Dental Hygiene Clinic.

1401 Court Street, 2<sup>nd</sup> Floor, Flint, MI 48503

810-762-0493

www.mcc.edu

#### My Community Dental Centers (MCDC)

Provides exceptional dental care to everyone, even those who can't afford it, at the Flint Dental Center. 4007 W. Court Street, Unit D, Flint, MI 48532 877-313-6232

www.mydental.org

# DEVELOPMENT AND GROWTH

#### Ages and Stages Questionnaire

Parents of children 2 months to 5 years of age can complete a FREE 10 minute ages and stages developmental screening. A specialist will follow up with an individualized email to offer support and resources. THIS IS NOT A FREE SERVICE.

www.agesandstages.com

#### **Delta Family Clinic**

Offers education assessment including school readiness, learning disability and special education evaluations for children 4 and older.

1309 S. Linden Road, Suite C, Flint, MI 48532 810-630-1152

www.deltafamilyclinicsouth.com

#### Early On

Early On is Michigan's system for helping infants and toddlers, birth to age 3 and their families who have developmental delays or are at risk for delays due to certain health conditions. Fill out the online application. Someone will contact you within 10 business days.

800-EARLY-ON (800-327-5966) or call 591-KIDS (for Early On Genesee)

www.1800earlyon.org

#### Flint Registry

Anyone affected by the Flint Water Crisis can be included in the Flint Registry which will link you to resources and health services. You can register by phone, online, in person or by mail. 833-GO-FLINT

www.flintregistry.org

#### **Healthy Start**

Provides in home support to families with babies ages 0-18 months to stay healthy, work through problems, eat right, care for baby, make medical appointments and much more. 810-237-4607

www.gchd.us

#### Neurodevelopmental Center of Excellence – Genesee Health System

Provides developmental screenings and help for children. Offers Autism Spectrum Disorder (ASD) and Fetal alcohol Spectrum Disorder (FASD) assessments, and neuropsychological assessments related to lead exposure from Flint water.

420 W. 5th Avenue, Flint, MI 48503

810-496-5677

www.genhs.org/nce

# DIABETES

#### Genesys

Provides complete care, tools and support to help you manage your diabetes and improve your quality of life.

1 Genesys Pkwy, Grand Blanc, MI 48439 810-606-7720

www.healthcare.ascension.org

#### **Hurley Medical Center**

Care for adults with diabetes, diabetes during pregnancy and pediatric diabetes. G-2065 Center Road Suite D, Burton, MI 48519 810-262-9126

www.hurleymc.com

#### McLaren

Helps manage diabetes by learning to control blood sugar through proper nutrition, exercise, nutritional counseling, support group and special events throughout the year G-3230 Beecher Road, Flint, MI 48532 810-342-5506

www.mclaren.org

# **DIAPERS**

#### 2<sup>nd</sup> Chance Baptist Church Tuesdays and Thursdays only 1950 Burr Blvd., Flint, MI 48503 810-720-8118

#### **Answer Center for Women**

Provides diapers or baby care items after watching a video. Provides car seats or pack n play (when available) after watching a 45 minute video.

626 Stevens Street, Flint, MI 48502

810-234-7777

www.answercenterforwomen.org

#### **Calvary United Methodist Church**

Gives out wipes only on Wednesday 2111 Flushing Road, Flint, MI 48504 810-238-7685

#### **Catholic Charities**

Diapers when available. Call to check. 810-265-7025

www.ccsg.org

#### **Heartbeat of Greater Flint**

Provides services for pregnant women, new mothers, and small children including pregnancy testing and counseling, maternity clothing, layettes and clothing for infants and toddlers, and a pantry that supplies disposable diapers and baby formula, and a baby furniture loan closet.

320 E. 4th Street, Flint, MI 48502

810-232-3101

#### Salvation Army

Emergency Diapers (50 per month). Call for days they will be given away. Must bring your picture ID, baby's birth record or foot print from the hospital.

1474 W. Coldwater Road, Flint, MI 48505

810-789-4003

www.satruck.org

# **DISABILITY SUPPORT**

#### Disability Network of Mid-Michigan

Provides information, referrals, nursing facility transition, independent living support, youth programming, peer groups, mentoring, advocacy and more.

3600 S. Dort Highway, Suite 54, Flint, MI 48507

810-742-7547 (Caption Call)

810-742-1800

#### Family Support Subsidy Program

Financial support to families with children with severe impairments for example not able to walk, eat, dress or talk on their own. Payments are just over \$200 per months. Child must be identified by the MI public schools system as having an educational category of CI, SXI or ASD.

420 West 5<sup>th</sup> Avenue, Flint, MI 48503

810-496-5107

www.michigan.gov

#### Michigan Protection and Advocacy Service

Offers advocacy and information for adults and children with disabilities.

800-228-5923

www.mpas.org

#### Michigan Rehabilitation Services

Helps individuals with disabilities transition from school to work as well as achieve independence.

711 N. Saginaw Street, Suite 124, Flint, MI 48503

810-760-2103

#### Woodside Church- "Voices"

Disability support group held  $3^{\rm rd}$  Wednesday of the month at  $4:30 {\rm pm}$ 

810-767-4911

727 East Street, Flint, MI 48501

# DISASTER PREPAREDNESS

#### **American Red Cross**

Provides domestic disaster relief, blood collection and distribution services, emergency preparedness information and health and safety training.

1401 S. Grand Traverse, Flint, MI 48503

810-893-6646

www.redcross.org

#### Genesee County Emergency Preparedness Department

Has information on preparing for an emergency.

810-257-3612

gchd.us/emergency-preparedness/

# DOMESTIC VIOLENCE

#### Building Strong Women- Women's shelter

A shelter for domestic violence, substance abuse, mental health and homeless women with or without children.

2524 Clio Road, Flint, MI 48504

810-234-7933

www.buildingstronwomencommunity.org

#### Flint - YWCA of Greater Flint/SAFE House

Crisis line, prevention education, emergency response team, sexual assault response team, safe house, sexual assault and domestic violence support groups.

801 S. Saginaw Street, Flint, MI 48501

810-238-7621

24-Hour Crisis Line: 810-238-7233

www.ywcaflint.org

SEE ALSO EMERGENCY SHELTERS

#### U.S. National Domestic Violence Hotline

1-800-799-7233

TTY 1-800-787-3224

#### **Voices for Children**

A child advocacy center that helps prevent child abuse and helps survivors become children again. 810-238-3333

www.weissadvocacycenter.org

# **EMPLOYMENT**

#### Job Training

#### Catholic Charities - "Re-Connections"

Empowers people with felonies through coaching, education and employment for re-connection within Flint communities.

248-207-8125

www.catholiccharitiesflint.org

#### Catholic Charities - "Work Ready"

Provides interview training, work apparel, resource information for job searchers. A referral from a partner agency is needed (Red Cross, Goodwill Industries, U of M School of Social Work, Mott Community College Workforce, and Genesee Health Systems)

Tues, Thurs 9-12, by appointment only.

901 Chippewa Street, Flint, MI 48503

810-265-7025

www.catholiccharitiesflint.org

#### Flint Area STRIVE

Helps people ages 14-79 find work. Offers a 3 week class on job preparation and placement services. Focuses on resume writing, interview techniques, and other skills like flexibility, honesty, attentiveness, and patience.

1108 Lapeer Road, Flint, MI 48503

810-232-5661

www.flintstrive.com

#### Flint Genesse Job Corps Center

Academic classes and vocational training for 16-24 year olds. Residential living, medical, daily meals, childcare, recreation, and driver education at no cost. Partnership with neighboring colleges, various education institutions and organizations.

2400 N. Saginaw Street, Flint, MI 48505

810-232-9102

flintgenesee.jobcorps.gov

#### Flint Healthcare Employment Opportunities (FHEO)

Assists unemployed and underemployed residents of Flint and Genesee County with obtaining training and employment in the healthcare industry. These training programs include: Certified Nurse Assistant, Medical Assistant, Pharmacy Technician, Health Unit Coordinator, Medical Billing and Coding, Registered Nurse, and other high demand health careers.

810-232-2228

www.gfhc.org

#### GST Michigan Works (Geneses, Shiawassee, Thumb)

Offers many services to those seeking employment such as access to the career/resource center with staff and tools to assist you in finding employment, job board, workshops for resume and cover letter writing, and interviewing skills, information on financial aid, occupational training, and workplace accommodation, reemployment services for unemployment claimant and more.

711 N. Saginaw Street, 3rd Floor, Suite 323, Flint, MI 48502

810-820-3370

www.gstmiworks.org

#### Jail to Jobs

Lists companies that will hire individuals with felonies. Check website for an updated list. www.jalitojobs.com

#### Michigan Rehabilitation Services

Assists individuals with disabilities transition from school-to-work as well as achieve independence. 711 N. Saginaw Street, Suite 124, Flint, MI 48503 810-760-2103

SEE ALSO DISABILITY SUPPORT

#### Mott Community College Workforce Education Center

Offers assistance with career training, support services and youth programs. 709 N. Saginaw Street, Flint, MI 48503 810-232-2555 www.mcc.edu

#### Neighborhood Engagement Hub

Offers a flexible meeting space, desk space, free computers to use, copy machines, free faxing and more. Also offers neighborhood planning, training programs, basic consulting services to move organizations into action.

3216 Martin Luther Ave., Flint, MI 38505 810-620-1299

www.neighborhoodengagementhub.org

#### Temp Agencies

Ashlor Staffing
Helps people find jobs.
4511 Miller Road, Flint, MI 48507
810-275-069
www.ashlorstaffing.com

#### Placement Management Center

Assists job seekers with interviewing, recruitment and job placement. 114 Main Street, Flushing, MI 48433
AND
G-7430 North Dort Highway, Mt. Morris, MI 48458
810-659-5500
www.pmcworks.com

# **EPILEPSY**

#### **Epilepsy Foundation**

Educational materials on seizure disorders. Provides seizure management, advocacy, awareness, individual and family support and referral services.

25200 Telegraph Road, Suite 110, Southfield, MI 48033

248-351-7979

800-377-6226

www.epilepsymichigan.org

### **FAMILY PLANNING**

#### Genesee County Health Department Burton Branch - Family Planning

Offers walk-in pregnancy testing, emergency contraception, STI (STD) and HIV testing, and prescription and non-prescription birth control refills for current patients. Appointments required for initial and annual exams. Services will not be denied based upon income or the inability to pay.

G-3373 S. Saginaw Street, Burton, MI 48529

810-237-4538

www.gchd.us

#### Planned Parenthood

Pregnancy testing, birth control, HIV testing, men's health care, emergency contraception STD testing, treatment, vaccination, abortion services, women's health care at two locations.

G-3371 Beecher Road, Flint, MI 48532

810-238-3631

www.plannedparenthood.org

# **FAMILY REUNIFICATION**

#### **Orchard Family Services**

Help reunify parents who have had their children taken away due to abuse, neglect, and child welfare concerns.

444 Church Street, Flint, MI 48502

989-280-9028

www.orchards.org

### **FATHERHOOD**

#### Involved Dad

Man2Man University offers peer-to-peer support group for males and fathers of all ages providing strategies to empower and equip men for success. IMPACT program is focused on those who have unpaid child support.

313-757-1388

www.involveddad.org

# FEEDING SPECIALIST

#### Covenant

Services include physical therapy, occupational therapy and speech language pathology to treat the wide variety of rehabilitation needs in children. Support to children with: Brain injuries, cleft lip and palate, developmental delays (gross and fine motor skills), feeding/swallowing difficulties, genetic disorders, neurological impairment, orthopedic injuries, sensory integration disabilities, speech or language delays.

600 N Main Street, Frankenmuth, MI 48734 989-583-0000

www.covenanthealthcare.com

#### U of M Pediatric Behavioral Development

Helps infants and children with feeding problems, oral aversion, inadequate weight gain and failure to thrive, texture issues and picky eating.

C.S. Mott Children's Hospital, Floor 5 1540 E. Hospital Drive SPC 4228, Ann Arbor, MI 48109 734-936-4220

www.mottchildren.org

# FINANCIAL MANAGEMENT

#### Financial Opportunity Center – Habitat for Humanity

Connects clients with training and employment opportunities and provides one-on-one financial coaching in areas like credit, budgeting, and saving. Orientation sessions are held at the Food FARMacy and at Habitat's offices.

101 Burton Street, Flint, MI 48503 810-232-2521

www.foc-network.org

#### <u>Cash Assistance – Michigan Department of Health & Human Services</u>

855-275-6424

#### TrueNorth Community Services' emPower™ and the Center for Nonprofit Housing

Helps you improve your money management skills, increase financial knowledge, develop and fine tune decision-making abilities and take control of your finances. This online courses includes: Banking Basics, Budgeting, Debt Reduction and Saving, Financial Psychology, Insurance and Risk Management, Money Personality and Understanding Credit.

231-355-5880

www.tnempower.org/empower-education

### **FOOD**

#### FOOD DISTRIBUTION/FOOD LINES

#### **Crossover Downtown**

Helps people in need of food, clothing, personal hygiene items and household items. Monday-Friday, 10am-2:30pm

414 W. Court Street, Flint, MI 48503 810-234-2479

www.crossoverministryflint.org

#### **GCCARD**

Serves clients in need of food, clothing, personal hygiene items and household items. Please bring your own bags for food.

Monday-Friday, 9am-3pm
601 N. Saginaw Street, Flint, MI 48502
810-789-3746

www.gc4me.com

#### GCCARD - Senior Nutrition Program

Helps improve the health of low-income elderly people at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. Also offers home delivered meals, congregate meals and others.

2727 Lippincott Blvd., Flint, MI 48507 810-789-3746 810-789-4409

www.gc4me.com

#### **Greater Flint Outreach Center**

A non-profit community outreach to Flint and the Greater Genesee County areas providing food for the past 25 years. Please bring your own bags for food.

Thursday, 9am-12pm 1938 S. Dort Highway or Friday, 9am-12pm G5200 Clio Road

810-767-4064 www.gfoc777.org

PANTRIES & INTAKE CENTERS

#### **Bristol Road Church of Christ**

ONLY serves zip codes of 48507 & 48529. Tuesdays 10:30am-12:30pm 1315 Bristol Road, Flint, MI 48507 810-238-3627

www.churchofchrist.org

#### **Eastside Mission**

Tuesdays and Thursdays 9:30am-12:30pm 1917 Delaware Avenue, Flint, MI 48506 810-767-5312

#### **Greater Flint Outreach Center**

1114 University Avenue, Flint, MI 48504

#### 810-767-4064

#### LOVE Inc. (intake and referral)

Mondays and Tuesdays: 9am-4pm, Wednesdays 9am-3pm 3421 Fenton Road, Flint, MI 48507 810-235-4990

#### St. Mary's Catholic Church Food Pantry

Serving parishioners and neighborhood residents. W 8-11am 2500 N. Franklin Avenue 810-232-4012

#### PREPARED MEALS/SOUP KITCHENS

#### **Carriage Town Ministries**

Dinner services 365 days per year @5:30pm 705 Garland Street, Flint, MI 48503 810-233-8787

#### Catholic Charities- Center for Hope

Hot meals served 365 days per year at Center for Hope soup kitchen 517 E. Fifth Avenue, Flint, MI 48503 M-Sat, 12-1pm, Sun 1:30pm-2:30pm 810-232-9950 www.catholiccharitiesflint.org

#### Eastside Mission

Hot meals served. Neighborhood residents ONLY. Monday-Thursday 9:30am-12:30am 1917 Delaware Avenue, Flint, MI 48506 810-767-5312

#### First Presbyterian Church

Hot meal. Sundays 8am 746 Saginaw Street, Flint, MI 48502 810-234-8673

#### North End Soup Kitchen (NESK)

Hot meals served 365 days per year Monday-Saturday: 4pm-5pm, Sunday: 1pm-2pm 735 E. Stewart, Flint, MI 810-785-6911

#### Salvation Army (Prepared meals)

Summer Only: Breakfast 8:30am-9:30am, Lunch 11:30am-1:30pm School Year: Tuesday-Friday Dinner: 4pm-5pm (18 and under) 211 W. Kearsley, Flint, MI 48502 810-789-4003

#### SANDWICH PROGRAM

Bread of Life 2608 Maplewood, Flint, MI 810-785-6911

My Brother's Keeper 101 N. Grand Traverse, Flint, MI 810-234-2255

#### FOOD (SUPPLEMENTAL) PROGRAMS

#### **Double Up Food Bucks (DUFB)**

Any purchase of milk or fresh, frozen, dried, or canned fruits and vegetables (with no added salt, sugar, or oil) with your Bridge Card earns you free Double Up Food Bucks to spend on any fresh fruits and vegetables at that store or other participating sites in Flint. You can earn up to \$20 in Double Up credits per day; they are earned and spent on a Double Up Food Bucks card.

www.doubleupfoodbucks.org

#### Hurley Food FARMacy

Provides two days' worth of food for a person and their household members with a referral from a Hurley medical provider. Can be used twice monthly, for three months.

2700 Robert T. Longway Blvd., Flint, MI 48503

Tues, 9-1, Wed, 11-3, Thurs, 2-6

810-262-2301

www.hurleymc.com

#### GCCARD Commodities Supplemental Food Program (CSFP)

Provides supplemental food packages to low-income mothers, infants, and seniors in Genesee County. 810-789-3746 or 810-789-4409

M-TH 8:30a-4p, F 8:30a-3p

2727 Lippincott Blvd., Flint, MI 48507

www.gc4me.com

#### The Emergency Food Assistance Program (TEFAP)

Provides healthy foods to qualified families on a quarterly basis through GCCARD.

810-789-3746

810-789-4409

#### Salvation Army Supplemental Food Assistance

Food distribution day: Tuesday 10am-noon (or until food is gone)

Need current ID to apply. Apply prior to distribution day to receive supplemental food assistance.

1475 W. Coldwater Road, Flint, MI 48505

810-789-4003

#### Supplemental Nutrition Assistance Program (SNAP)

SNAP offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. Call for enrollment and eligibility criteria. **OR CALL FOOD BANK OF EASTERN MICHIGAN FOR ASSISTANCE ENROLLING.** 

- Food Bank: (810) 396-0240
- Food and Other Resources Hotline (MDHHS): 1-888-544-8773 (Food pantry, assistance applying for SNAP, referrals to other resources)

125 E. Union Street, Flint, MI 48501

www.fns.usda.gov/snap

#### WIC (Women, Infants and Children)

Supplies extra food for low-income pregnant and breastfeeding women, infants and children up to 5 years old. Includes infant formula, fruits, vegetables, whole grain breads and cereals, eggs, milk, yogurt and cheese.

G-3373 Saginaw Road, Burton, MI 48529

810-237-4537

www.gchd.us

#### **FOOD DELIVERY**

#### **Carriage Town Ministries**

Senior Food Boxes (must be 60+ and make less than \$15,000 per year) 810-233-8787

#### Flint Fresh

Locally grown fresh vegetables is delivered within the City of Flint. Cost is \$15-\$30 depending on the size of the box.

810-620-1902

www.flintfresh.com

#### **Greater Holy Temple**

Food boxes delivered once per week. Can be customized for dietary/health needs. Once per month, the box will contain household cleaners, toiletries, and personal care items. Call for enrollment. Clothing pantry allows 15 items per person, per visit. May visit one time, BI-WEEKLY on Mon, Tues, Wed and may visit EVERY Thursday (Help Center day).

6702 Dort Highway, Flint, MI 48505

810-787-3960

### **FOSTER CARE**

#### Ennis Center for Children, Inc.

Offers a variety of programs aimed at protecting children and strengthening families including foster care, adoption, youth assistance, outpatient counseling and more.

129 East Third Street, Flint, MI 48502

810-233-4031

www.enniscenter.org

#### Foster Closet of Michigan

Available for Genesee County residents. Clothing, shoes, toys, baby equipment available to new foster parents.

14100 N. Saginaw Street, Clio, MI 48420 810-252-1368 OR 855-MICHKIDS www.michigan.gov/hopeforahome

#### Foster Youth in Transition FYIT (MDHHS)

Help with daily living skills (cooking, laundry, money management), transportation, mentorship, parenting skills, employment, educational support/pre-college, graduation expenses, computer, physical and mental health, relationship building, legal assistance and housing.

- Michigan youth who are active in the foster care system, placed out of their home based on abuse and neglect, starting at age 14 and up to age 21.
- Michigan youth, ages 18 to 21, that have been in foster care on or after their 14th birthday but are no longer under MDHHS/Tribal supervision.
- A youth who has or had an open juvenile justice case and is placed in an eligible placement under the supervision of MDHHS.

www.michigan.gov/fyit

#### Michigan Education Trust: Fostering Futures Scholarship

The Fostering Futures Scholarship (FFS) provides eligible foster youth with scholarship funds for tuition, fees, room/board, books, and supplies/equipment required for enrollment. The FFS is available to students on a first-come, first-served basis. Students must complete one application per academic year and return it to Student Scholarships and Grants, listed at the bottom of the application. 888-447-2687

www.michigan.gov/setwithmet

#### Orchards Children's Services

Adoption, foster care, family preservation and unifications in Genesee County 444 Church Street, Flint, MI 48502 810-239-3264

www.orchards.org

# **FORMULA**

#### Answer Center for Women

Call to see what they have available. 626 Stevens Street, Flint, MI 48502 810-234-7777

www.answercenterforwomen.org

#### **Carriage Town Ministries**

Family Center Location for Women and Children may have formula. Call to ask. 705 Garland Street, Flint, MI 48503 810-233-8787

www.carriagetown.org

#### Catholic Charities- North End Soup Kitchen (NESK)

Hot meals served 365 days per year. Emergency infant formula may be available.

735 E. Stewart, Flint, MI 48505

M-Sat, 11:30am-12:30pm; 4pm-5pm, Sun, 1pm-2pm

www.catholiccharitiesflint.org

#### Flint Crisis Pregnancy Center

Picture ID and proof of pregnancy if already pregnant required

All services are free: Family planning services (including pregnancy testing),

Information on STDs, pregnancy, and options, Ultrasounds (some restrictions apply), Peer counseling, Maternity Clothing, Baby Clothing & supplies: preemie-2T, Community referrals, Support group for any female who has had an abortion, parenting classes

3404 Saginaw Street, Flint, MI 48503

810-767-7153 (24/7 Crisis Hotline and general inquiries)

www.flintcps.org

#### Flint Eastside Mission

Provides a baby clothing, diapers, formula, blankets, strollers, etc. and household items like appliances and furniture for residents of the 48506 zip code. Medicaid card for the child is required. Limit 2 visits per month.

TU, W, TH, 9:30am-12:20p 1917 Delaware, Flint, MI 48506 810-767-5312

www.flinteastsidemission.org

#### **Heart-Beat of Greater Flint**

Pantry with maternity clothing, clothing for infants and toddlers, nursery furniture, diapers, baby food/formula when available Call to apply; Mon-Fri 10am-2:45p. Documents required: Picture ID of applicant, Form of ID for child (such as Medicaid card or birth certificate). A deposit of \$10-\$25 per item is charged for baby furniture and car seats. Deposit is refunded when item is returned. Fee depends on condition of item.

320 E. 4th Street, Flint, MI 48502 810-232-3101

SEE ALSO MOTHER-BABY PANTRY

# **FURNITURE**

#### Flint Eastside Mission

Provides a clothing and household pantry for residents of the 48506 zip code. Bring a picture ID and piece of mail with address showing current 48506 zip code required. If requesting baby services, Medicaid card for the child is required. Limit 2 visits per month.

Walk in service; Tues-Thurs 9:30am-12:20pm

1917 Delaware, Flint, MI 48506

810-767-5312

www.flinteastsidemission.org

(SEE ALSO MOTHER AND BABY PANTRY)

#### **Habitat for Humanity-ReStore**

Offers new and building material and home improvement items for a fee. Tuesday-Saturday, 9am-5pm
101 Burton Street, Flint, MI 48503
810-766-9089, ext. 205

#### **Heartbeat of Greater Flint**

Has a loan closet for baby furniture. Call first for items such as: car seats, strollers, play pens, changing tables, high chairs, or cribs. Some baby furniture requires a deposit. (\$20 deposit for crib, \$10 deposit for mattress. Money returned when crib returned)

Monday-Friday, 10am- 2:45pm 320 E. Fourth Street, Flint, MI 48502 810-232-3101 800-238-4269 (Emergency line)

#### LOVE Inc.

If you are in need of food, clothing, household, or personal items, you will need to call and do an application over the phone.

Mondays and Tuesdays, 9am-4pm Wednesdays, 9am-3pm 3421 Fenton Road, Flint, MI 48507 810-235-4990

#### Salvation Army Family Store and Donation Center

Clothing and home items 4273 Corunna Road, Flint, MI 48532 810-600-0020

#### Salvation Army As-Is Family Store

Clothing and home items 2200 N. Dort Highway, Flint, MI 48506 810-234-2678 x 220

#### **Unclaimed Freight Furniture**

Discounted furniture, including mattresses 2130 S. Dort Highway, Flint, MI 48507

# **GARDENING**

#### Edible Flint

Helps Flint residents grow and access healthy food in order to reconnect with the land and each other. 605 N. Saginaw Street, Flint, MI 48502

810-244-8530

www.edibleflint.org

#### **Genesee County Land Bank**

Blight management. Contact for vacant land and land operations for large community gardens 452 Saginaw Street #200, Flint, MI 48502

810-257-3088

www.thelandbank.org

#### MSU Extension

Master Gardener program, partnership with Edible Flint, soil testing, pest identification, and gardening information

605 N. Saginaw Street, Flint, MI 48502

810-244-8500

www.canr.msu.edu/genesee

#### Neighborhood Engagement Hub

Lends tools and work equipment for neighborhood projects 3216 Martin Luther King Ave, Flint, MI 48505 810-620-1299

www.neighborhoodengagementhub.org

# GED PROGRAMS/ADULT EDUCATION

#### FLEX High Michigan

Free High Schools Diploma Program and tutoring for 14-22 year old students. 4121 Martin Luther King Avenue, Flint, MI 48505 810-852-4479

www.FLEXHigh.org

#### Michigan Works! GST (Genesee Shiawassee Thumb)

Employment services to help find a job such as resume writing, interviewing and many more. 711 North Saginaw, Flint, MI 48503

810-233-5627

www.gstmiworks.org

#### **Hispanic Technology Center**

Offering GED classes and assistance with college admission and FAFSA. Also offers free access to computers and Internet for area residents.

2101 Lewis Street, Flint, MI 48506

810-424-3760

www.mcc.edu

#### Mt. Morris Adult Education

Free GED test prep and High School classes Mon-Thurs. Assistance with transportation and online services available.

2400 Clarice Avenue, Burton, MI 48519

810-591-5651

www.mtmorrisschools.org

# **GRANDPARENTS**

#### Grandparents Raising Grandchildren Support Services- Genesee Health Plan

(Grandparents, aunts, uncles, cousins, siblings, or anyone raising a family members' child)

Help with attending doctor visits, school meetings, family court with you. Filling out paperwork, support groups, health insurance, in-home, in-school therapy, resume/career building, clothing, food, family activities and more.

810-232-7740, ext. 227

#### **Kinship Caregivers**

Offers individual support and workshop opportunities for grandparents and other family members who are raising a relative's child.

Catholic Charities 812 Root Street, Flint, MI 48503 810-232-9950, ext. 721

# **GRIEF SUPPORT**

Compassionate Friends- Hope United Methodist Church (verified 10/16/18)

Offers group support sessions the last Tuesday of each month at 7pm.

4467 Beecher Road, Flint, MI 48532

810-235-5600

www.compassionatefriendsflint.org

#### Ele's Place (CHILDREN ONLY)

Grief counseling, play therapy, and support groups for children and teens. 1227 E. Bristol Road, Burton, MI 48529

810-232-3040

www.elesplace.omg

# **HEAD START**

See PRESCHOOL

# **HEALTH INSURANCE**

#### ACA Marketplace "Obamacare" Hotline

800-318-2596

www.healthcare.gov/get-coverage

#### Children's Health Insurance Program (CHIP)

Provides low-cost health coverage to children in families that earn too much money to qualify for Medicaid. In some states, CHIP covers pregnant women. Each state offers CHIP coverage, and works closely with its state Medicaid program.

800-318-2596

## www.healthcare.gov/get-coverage

#### Genesee Health Plan

Eligible if you live in Genesee County, are at least 19 years old, have no health insurance, and meet income guidelines. Having a Medicaid spend down does not disqualify you. Call for more information. 810-232-7740

#### Medicaid – Michigan Enrolls

Complete health care coverage for people of all ages with low income. Must meet income and age requirements. Ages 0-64. Family of 6, \$44,874. Family of 1, \$16,146.

888-367-6557

Medicaid Customer Help

800-642-3195

www.michigan.gov/mibridges

#### Medicaid, Flint Expansion

Complete health care coverage for children age 21 and under and pregnant women affected by Flint water with incomes 400% and less of the federal poverty level. Must have lived, worked or received childcare or education in Flint after 4/1/2014. Ages 0-21, or pregnant. Family of 6, \$134,960. Family of 1, \$23,517.

www.michigan.gov/flintwater

## MiChild - MDHHS

If you have children under age 19, if you are under age 19, or pregnant you may be able to get health and dental care for them through MIChild. Have no other health insurance. Meet Modified Adjusted Gross Income (MAGI) limits. You pay just \$10 a month for your whole family.

888-988-6300

www.michigan.gov/mibridges

#### UnitedHealthcare Community Plan

Our Medicaid family plan is for children, pregnant women, families and adults who meet income and health need requirements. We also cover children and young adults with special health or developmental needs.

800-903-5253

www.uhccommunityplan.com

## Offering assistance with enrollment process

## **Genesee County Health Department**

Insurance enrollment G-3373 S. Saginaw Street, Burton, MI 48529 810-257-3807 www.michigan.gov/mibridges

## **Hamilton Community Health Network**

\*\*3 Locations\*\*

 Burton
 Main
 North Point

 G-3375 S Saginaw
 2900 N. Saginaw
 5710 Clio Rd

 Burton, 48529
 Flint, 48505
 Flint, 48504

 810-406-HCHN (4246)
 Flint, 48505
 Flint, 48504

Mon-Fri 8:30am-5:30pm
Call for insurance enrollment

## Genesee Health Plan

Medicaid enrollment and offers primary, specialty care, prescriptions, labs, x-rays, dental, vision. No coverage for emergency or inpatient care.

2171 Linden Road, Flint, MI 48532

810-232-7740

www.geneseehealthplan.org

## CHAP (Children's Healthcare Access Program)

Families with children in need of medical care. Provides services to families that include: parent education, asthma education and case management, care coordination, patient navigation, referrals to community resources, interpretation and transportation services.

www.gfhc.org/chap

810-953-CHAP

## Children's Special Health Care Services

Cares for kids with chronic health conditions. Helps pay specialty medical bills, co-pays, transportation, transition to adulthood.

800-359-3722

www.michigan.gov/csnfund

## MMAP (MEDICARE ENROLLMENT)

Assists with enrolling seniors into Michigan's State Health Insurance Assistance Program (SHIP) and Senior Medicare Patrol (SMP)

800-803-7184

www.mmapinc.org

## HEALTH NAVIGATION ASSISTANCE

## <u>Genesee Health Plan</u> – Health Navigator

Helps people access community resources for disease management, education and healthy lifestyle changes. There is no cost for GHP members.

810-232-7740

www.geneseehealthplan.org

## HEALTHCARE FOR CHILDREN

## **Bendle Family Health Services**

Offers on-site primary care for the whole family, including immunizations, counseling services, physicals for students, head lice counseling, referrals, education, screenings and more.

2294 E. Bristol Road (Bendle Middle School- South Entrance)

810-591-9012

## CHAP (Children's Healthcare Access Program)

Families are referred to CHAP by participating pediatric practices, Medicaid health insurance plans, Genesee County's 2-1-1 system, or through self-referrals. A multidisciplinary CHAP team provides services to families that include, parent education, asthma education and case management, care coordination, patient navigation, referrals to community resources, interpretation and transportation services.

810-953-CHAP

www.gfhc.org

## Children's Special Health Care Services (CSHCS)

Covers medical expenses for families of children who have chronic, long-term, health conditions on a sliding scale.

810-257-3146

www.gchd.us/services/cshcs

## Genesee Health System (GHS) (Behavioral Health)

Provides services and supports to children with serious emotional disturbances and developmental disabilities, and to their families. Many services are provided in the home and are designed to help the child or youth live successfully at home, in school, and in the community.

420 W. Fifth Avenue, Flint, MI 48503

810-257-3705 866-211-5455

Crisis Line: 877-346-3648

www.genhs.org

## Hamilton Community Healthcare Network

Offers primary health care for children from birth through puberty and on to young adulthood. Call or go online for clinic locations

810-406-HCHN (4246)

www.hamiltonchn.org

## Hurley Pediatric Clinic at Flint Farmers' Market

The clinic combines health care, education, and community collaboration, providing both primary care and specialty doctors in one location.

300 E. First Street, 2nd Floor Flint, MI

810-262-9773

www.hurleymc.com/services/childrens-hospital

## Hurley Adolescent Health Center

Offers comprehensive medical care, education, and referrals for adolescents

300 E. 1<sup>st</sup> Street, Flint, MI 48502 810-262-9773

www.hurleymc.com/locations/hurley-childrens-clinic

## Mott Children's Health Center

Offering pediatric primary care, dentistry, and mental health services from birth through adolescence. 806 Tuuri Place Flint, MI 48503 810-767-5750

www.mottchc.org

## School-Based Health Centers

## Regional Alliance for Healthy Schools

Provides physical exams, sick visits, immunizations, nutrition counseling, STD/pregnancy tests, mental health services, insurance enrollment, community resources referrals for all school aged youth 21 years and younger. DO NOT need to be a student at the school to be seen. Accepts insured and uninsured, regardless of ability to pay.

Call for an appointment.

Beecher High School: 810-591-9333 Kearsley High School: 810-591-5330

Carmen-Ainsworth High School: 810-591-5473 Southwestern Classical Academy: 810-760-5076

Richfield Public School Academy & Richfield Early Learning Center: 810-285-9815

www.umhs-rahs.org/rahs-health-centers

## HEALTHCARE FOR ADULTS

## Genesee County Health Department, Primary Care Clinic

Preventive health care and wellness visits for all adults. Management of acute and chronic care of all illness and/or disease.

G-3373 S. Saginaw, Burton, MI 48529 810-742-2255 810-237-4538 www.gchd.us

## Hamilton Community Health Network

Adults in need of a primary care physician. 225 E. Fifth Street, Suite 300, Flint, MI 48502 810-406-HCHN (4246)

www.hamiltonchn.org

Call for location

\*\*NEW LOCATION: Catholic Charities Center of Hope

812 Root St, 2<sup>nd</sup> Floor, Flint, MI 48502

#### Genesee Community Health Center

Primary care for adults

725 Mason Street, Flint, MI 48503 810-496-5777 www.genchc.org

## **HEARING SCREENING**

Burton Health Center- Genesee County Health Department Hearing and Vision Screenings for ages 3 and older. 3373 S. Saginaw Street, Burton, MI 48529 810-257-3193 www.gchd.us

## HELP CENTERS

Pick up water, food, personal care items, receive physical and mental health services. Free and available to everyone, no income requirements.

Help Centers serve as a "one-stop shop" offering <u>FREE</u> resources for Flint residents including foods and produce, physical health options, mental health services, personal care items, water filters, replacement cartridges.

Bethel United Methodist Church
1309 N. Ballenger Highway, Flint, MI 40504
Monday, 10am– 2pm

Asbury United Methodist Church 1653 Davison Road, Flint, MI 48506 Tuesday, 10am– 2pm

Greater Holy Temple Church of God in Christ 6702 N. Dort Highway, Flint, MI 48505 Thursday, 10am– 2pm

# HIV/STD Services

## Genesee County Health Department Burton Branch - Sexual Health Clinic

Walk-in services include: Confidential STI (STD) testing and treatment, free HIV testing and counseling, and pregnancy testing. Valid picture ID required. Services will not be denied based upon income or the inability to pay.

G-3373 S. Saginaw, Burton, MI 48529 810-257-3139

www.gchd.us

## Planned Parenthood

Pregnancy testing, birth control, HIV testing, Men's Health Care, Emergency contraception STD testing, treatment, vaccination, abortion services, women's health care 3371 Beecher Road, Flint, MI 48532 810-238-3631

## Sacred Heart HIV Services

2091 Professional Drive Suite D, Flint, MI 48532 810-732-1652

www.sacredheartcenter.com/hivaids-care

## **Wellness Services**

HIV testing, specialized primary care services for HIV infected individuals, syringe/needle exchange, free condom distribution, case management, overdose and HIV prevention services. Safe place for LGBTQ youth to attend informational workshops, "Healthy Me" series, HIV/other STI testing, accessible computers and TV. Call for hours and appointments.

"Safe Space" 311 E Court Street, Flint, MI 48502 810-232-0888

www.wellnessaids.org
AND

630 S. Saginaw Street, Flint, MI 48502 McCree Courts and Human Services Center 810-232-0888 www.wellnessaids.org

## HOLISTIC and NATURAL BIRTH

## Compassionate Hands Birth Services (Jill Roper, CPM)

Certified Professional Midwife providing services including:

Midwifery services: Prenatal appointments, Labor, Birth (home birth available), First six weeks post-partum, Newborn hearing test and congenital heart defect screening, Post-partum doula, Labor doula Grand Blanc, MI 48480

517-899-8869

www.chbirthservices.com

## HOME VISITING SERVICES

## PREGNANCY-AGE 2 HOME VISITING

## **GCHD Healthy Start**

Weekly home visits to eligible children and families, including early childhood development, health, nutrition, connections to the community resources from pregnancy up to age 2.

630 S. Saginaw Street, Flint, MI 48502

810-237-4607

www.gchd.us/services/maternalinfant-services/healthy-start/

## Hurley Nurse Family Partnership (NFP)

Services include nurse home visits for women less than 28 weeks pregnant with their first baby. Provides regular home visits until the child's second birthday. WIC or Medicaid automatically qualifies. Hurley Medical Center, One Hurley Plaza, Flint, MI 48503 810-262-9317

#### Maternal Infant Health Program (MIHP)- MDHHS

Evidence based home visitation program for Medicaid eligible pregnant women and infants. Designed to supplement regular prenatal care

Call 1-833-MI4-MIHP or email MIHP@michigan.gov

## EARLY CHILDHOOD/CHILDHOOD HOME VISITING

## Carman-Ainsworth Early Head Start

Home-based services for ages 0-3 are provided in the Bendle and Carman-Ainsworth schools districts. 810-591-7236

## Early On® Genesee County - Home Visiting

Provides free early intervention services for infants and toddlers, birth to three years of age, with developmental delay(s) and/or disabilities. Early On® also supports parents so that they can address the unique needs of their eligible infants and toddlers and enhance their health, development, and learning. 810-591-KIDS

## GCCARD Early Head Start -Home Visiting

An early childhood program for ages 0-3. Its success is based on compassionate partnerships between Early Head Start program staff and parents. Also center-based. See PRESCHOOL 810-235-5613

## Genesee Health System- Home Based Services

Home based process devoted to keeping children in the home. Involves home based therapy and family therapy. Child psychiatrists, Registered Nurses, and other consultative behavioral health providers are available also.

420 W. Fifth Avenue, Flint, MI 48503 810-257-3705

www.genhs.org/Services/Mental-Health-Services/Childrens-Services-and-Supports

## GISD Head Start - Home Visiting

Provides children ages 3-5 in the Flint, Carman-Ainsworth and Beecher school districts. Also center-based. See PRESCHOOL 810-591-KIDS

## SKIP to a Great Start program – Home Visiting

A developmental support network for Genesee County parents with children ages 0-5. Services focus on parent involvement, early childhood education, literacy development, school readiness and nutrition education.

810-591-KIDS

## HOUSING

## FOR SHELTERS, SEE EMERGENCY HOUSING

## Flint Housing Commission

Public housing for low-income families, seniors and disabled. 30% of income charged for rent. 3820 Richfield Road, Flint, MI 48506 810-736-3050

## www.flinthud.org

List of homes which accept HUD vouchers

https://affordablehousingonline.com/housing-search/Michigan/Flint

## Genesee County Metropolitan Planning Commission

Genesee County Home Improvement Program

Looking for a house, down payment assistance, housing repairs and loans, community development programs, purchasing, rehabbing, fair housing, recycling and more.

1101 Beach Street, Room 223, Flint, MI 48502

810-257-3010

www.gcmpc.org

## Michigan State Housing Development Authority (MSHDA)

Provides help to low income individuals find rental housing, lending programs for buying a home, help for homeless people.

Lansing Office, 517-373-8370

Detroit Office, 313-456-3540

www.MSHDA@michigan.gov

## One Stop Housing Resource Center (Shelter of Flint, Inc)

One Stop Genesee offers many different opportunities for individuals and families to receive vital services that meet their varying needs: central intake and assessment; referrals; screenings and inspections; Housing Choice Voucher assessments; and direct client assistance.

924 Cedar Street, Flint, MI 48503

810-239-5433

## Emergency Shelters

## Building Strong Women- Women's shelter

A shelter for domestic violence, substance abuse, mental health and homeless women with or without children.

2524 Clio Road, Flint, MI 48504

810-234-7933

www.buildingstrongwomencommunity.org

## **Carriage Town Ministries**

Family Center--705 Garland Street, Flint, MI 48503 Men's Center—605 Garland Street, Flint, MI 48503 810-233-8787

#### www.carriagetown.org

## Catholic Charities- Warming Center

Offers an overnight shelter from the cold. Open 24 hours, December 1-March 31. Clients are able to enjoy lunch, coffee, reading, watching TV and other basic supportive services.

901 Chippewa Street, Flint, MI

810-232-9950

www.catholiccharitiesflint.org

## Family Promise Shelter of Genesee County

Scattered site shelter. Day Center is open to guest families to shower, do laundry, access computers, and phones. Offers workshops, training and counseling. Schools will work with Family Promise to arrange transportation to and from school.

P.O. Box 4519, Flint, MI 48504

810-234-9444

info@familypromiseofgc.org

## Shelter of Flint

Thirty days or more emergency shelter/ supportive services, food, clothing, personal advocacy, childcare and support groups

924 Cedar Street, Flint, MI 48503

810-239-5433

www.shelterofflint.org

## Traverse Place (REACH-Runaway Program)

Residential shelter and programming for young adults seeking safe shelter and living skills.

914 Church Street, Flint, MI 48502

810-233-8700

www.reach-traverseplace.org

## YWCA of Greater Flint/SAFE House

Offers a 24-hour crisis line, prevention education, emergency response team, sexual assault response team, safe house, sexual assault and domestic violence support groups.

801 S. Saginaw Street, Flint, MI 48501

810-238-7621

24-Hour Crisis Line: 810-238-7233

www.ywcaflint.org

# HOSPITALS/EMERGENCY

## **Genesys Regional Medical Center**

Main Hospital and Emergency

1 Genesys Pkwy, Grand Blanc, MI 48439

810-606-5000

After Hours North: 810-686-7397 After Hours South: 810-603-0856 After Hours East: 810-734-3351 Pediatric Specialty Clinic: 810-762-1444

www.healthcare.ascension.org

**Hurley Medical Center** 

Main Hospital and Emergency 1 Hurley Plaza, Flint, MI 48503 810-262-9000

www.hurleymc.com/locations

McLaren Regional Medical Center

Main Hospital and Emergency 401 S. Ballenger Road, Flint, MI 48532 810-342-2000 www.mclaren.org/flint/locations

## **IDENTIFICATION**

First Presbyterian Church (verified 10/16/18)

Assists with obtaining state ID, birth certificates, driver's license, etc. Wednesdays 8:30a-11a and 1p-3p 746 Saginaw Street, Flint, MI 48502 810-234-8673 www.fpcf.org

## Flint Eastside Mission

Helps to apply for a new or lost social security card and/or a state issued picture ID Wednesday, 10am-12pm 1917 Delaware, Flint, MI 48506 810-767-5312

## **IMMIGRATION**

## American Arab Heritage Council

Offers general immigration services including naturalization, adjustment of status, green card, family visa, travel document, removal of condition, work visa, fiancé visa, referral network for DACA, refugee, and asylum cases. Also provides language services.

432 N. Saginaw Street, Suite 220, Flint, MI 48502 810-235-2722

www.aahcflint.org

## **IMMUNIZATIONS**

## Genesee County Health Department

Sliding-fee scale based on income or can bill insurance. Call for appointments or walk-in hours

G-3373 S. Saginaw Street, Burton, MI 48529 810-257-4540 www.gchd.us

## INCARCERATION SUPPORT

## M.A.D.E. Institute

"Returning citizen" program (prison re-entry program) offering life skills training, job skills training, and transitional housing. Also supports at-risk-youth.

4119 N. Saginaw Street, Flint, MI 48505

810-294-0222

www.madeinstitute.org

#### Catholic Charities: Re-Connect

Empowers people with felonies with coaching, education and employment for re-Connection within Flint communities.

248-207-8125

www.catholiccharitiesflint.org

#### Motherly Intercession

Education and training for alternate caregivers, parents, and children affected by an incarcerated mother. Also offers children of incarcerated parents homework assistance and tutoring (serves children age 6-18).

3010 Dye Road, Flint, MI 48507 810-424-9909

www.miforu.org

# INTERPRETATION/TRANSLATION

## American Arab Heritage Council

Arabic translation and interpretation. Referrals for other languages including French, Spanish, German, Mandarin, Vietnamese, Japanese, Russian, and many others available 432 N. Saginaw Street, Suite 220, Flint, MI 48502 810-235-2722

#### **Communication Access Center**

Community sign language interpreting services, senior citizens program, substitute teachers & aides 1277 W. Court Street, Flint, MI 48503 810-239-3112

www.cacdhh.org

SEE ALSO DEAF/HARD of HEARING

## **Executive Language Services**

On-site interpretation services, telephone interpretation, video remote interpreting, and document translation. Services Genesee County. NOT A FREE SERVICE 1717 South Telegraph Road, Bloomfield Hills, MI 48302

248-357-0625

## Genesee County Hispanic Latino Collaborative - La Placita Flint

Spanish interpretation 810-875-0382 810-874-2720

## **Hispanic Technology Center**

Spanish interpretation services. Also free access to computers and the Internet for area residents and GED classes

2101 Lewis Street, Flint, MI 48506 810-424-3760

ununu masa adu

www.mcc.edu

## LAUNDRY

## Catholic Charities- "Laundry Room"

Individuals wishing to use the laundry facilities must sign in at the Community Closet check-in desk to schedule appointments. Guests may do 2 loads of laundry per person, 2 times per month.

901 Chippewa Street, Flint, MI 48503

810-232-9950

## LEAD TESTING

#### **Blood Lead Testing**

## Refer first to primary care physicians. If none available, call GCHD Burton Health Center

## Burton Health Center- Genesee County Health Department

Walk-Ins Welcome, call for appointments. Hours are 8-11 am and 1-3 pm, Monday through Friday. A parent or legal guardian must be present at the time of service for children ages 0-17.

G-3373 S. Saginaw Street, Burton, MI 48529

810-257-3833

## Soil Lead Testing

## **Edible Flint**

Provides soil lead testing so families can grow food at home. Once tested, Edible Flint will provide recommendations as to best practices for growing (in ground, raised beds, etc)

810-244-8530

605 N. Saginaw Street, Suite 1A, Flint, MI 48502

## Water Lead Testing

To get water tested, simply pick up a water test kit at Flint City Hall 810-766-7346

## LEAD PAINT ABATEMENT

## MDHHS Lead Safe Home Program

Offers assistance to low and moderate- income families, as well as Rental Property Owners, in making their homes lead-safe for children. Call for eligibility criteria and expectations. 866-691-LEAD (5323)

## LEGAL SERVICES

## Center for Civil Justice

Assists residents file class-action lawsuits specifically related to healthcare eligibility, hunger, nutrition, housing and utilities, education and utilities, language access, and training and technical assistance.

436 S. Saginaw Street, Suite 400, Flint, MI 48502

810-244-8044 www.ccj-mi.org

## Community Resolution Center

Mediation assistance. Assists feuding parties to come to an agreed upon resolution to their dispute without going through the court system.

315 E. Court Street, Flint, MI 48502

989-799-5949

www.mediation-crc.org

## Connexion (Hope Network)

Holds court ordered classes on Anger Management, Alcohol Highway Safety Program and others for a fee. Six week sessions.

1110 Eldon Baker Drive, Flint, MI 48507

810-715-2341

Pbishop2@hopenetwork.org

## Friend of the Court

Assistance with investigation and enforcement in domestic relations matters involving minor children, including custody issues, child support, and parent visitation rights.

1101 Beach Street #111, Flint, MI 48502

810-257-3300

www.gc4me.com

## Genesee County Probate Court

Administers estates and trusts, appoints guardians and conservators, and order treatment for mentally ill and developmentally disabled people.

900 Saginaw Street, Flint, MI 48502

810-257-3528

www.gc4me.com

## Geneese Crime Victim's Services Program

Court support services, crime victim compensation 900 S. Saginaw Street, Flint, MI 48502 810-257-3210

## www.gc4me.com

## Lawyer Referral Service

Assists with legal counseling and getting people connected with the correct type of lawyer. Offers half hour consultation for \$30. This fee is waived for personal injury and social security matters.

315 E. Court Street, Flint, MI 48502

810-232-6012

www.gcbalaw.org

## **Legal Services of Eastern Michigan**

Free legal assistance to 14 Mid-Michigan counties, including Genesee. May assist with individual legal needs as well as assistance to affect systemic change. Specializes in addressing poverty and fair housing needs.

436 S. Saginaw Street, Flint, MI 48502 888-783-8190

www.lsem-mi.org

## Michigan Legal Help

Helping low-income individuals in Michigan residents solve their legal problems. 810-238-8053

www.michiganlegalhelp.org

## Prosecutor's Office

Handles criminal legal issues 900 Saginaw Street #100, Flint, MI 48502

Main number: 810-257-3210 or 888-443-1505 Criminal Pretrial and Warrants: 810-257-3165

Child Neglect: 810-257-3245

Family Supports Division: 810-257-3240

Criminal Trial Unit: 810-257-3232

Appeals, Research, and training: 810-257-3248 Special Crimes/Forfeiture: 810-257-3506 Auto Theft and Fraud Division: 810-257-3287 Crime Victims Services Program: 810-257-3493 Subpeona Information Desk: 810-257-3233

YWCA "Do it Yourself" Divorce Clinic and Victim Advocacy

Offers assistance to domestic violence/sexual assault survivors with filing for divorce without going through the court system and paying for lawyer services. Also offers victim advocacy and support services.

801 S. Saginaw Street, Flint, MI 48502 810-238-7621 www.ywcaflint.org

## LITERACY

## Flint Literacy Network

Focused on improving literacy in Genesee County. See website for online events calendar 810-232-2526

www.flintliteracynetwork.org

## Flint Public Library - Dolly Parton Imagination Library

Free books mailed to your home monthly from birth to 5 years. Zip codes 48501-7, 48532 only. 810-232-7111

Imagination@fpl.info

## Pop-up School

A mobile classroom throughout the City of Flint that provides high quality, play-based literacy, math, science, and social studies activities for young children. Parents/guardians are encouraged to interact and learn with their children as they explore different hands-on projects and activities. Visit the website or call for upcoming dates and locations.

810-762-3260

www.umflint.edu/popupschool

## Storytime at Applewood Estate

Family friendly stories and activities Every Friday, May – October, 11:30

## **MEDICAID**

## Medicaid Customer Help

800-642-3195

www.beneficiarysupport@michigan.gov

## Michigan Enrolls

Get information for people enrolled or who need to enroll in a health plan, complete enrollment, check enrollment status or request a new MiHealth card.

800-975-7630

## MIChild

A health insurance program for uninsured children of Michigan's working families. MIChild services are provided by many HMOs and other health care plans throughout Michigan. 888-988-6300 (TTY 1-888-263-5897)

## Genesee County Health Department

Enrollment 810-341-5411

## MEDICAL NUTRITION THERAPY

## **Hurley Wellness Community Program**

Individual nutrition counseling (covered by most insurances) for many health issues- obesity, high blood pressure, food allergies and more. Ask your doctor for a referral. 810-262-2310

## MENTAL HEALTH

GENERAL MENTAL HEALTH

National Suicide Prevention Hotline 800-273-8255

## **Text FLINT**

A free 24/7 text line for people in crisis. Send a text to 741741

## Advance Neuropsychology and Pediatric Services – Hurley

Offers a variety of specialized services in an ethical, nurturing, and supportive manner across the lifespan, to include: children, adolescents, adults and their families.

111 E. Court Street, Suite 1B, Flint, MI 48502

810-262-2320

#### **Catholic Charities**

Counseling program helps children, adolescents, individuals and families experiencing emotional and mental health issues. Catholic counselors are available upon request; all faith practices are welcome. Most insurances are accepted. Fees are based on a sliding scale.

901 Chippewa Street, Flint, MI 48503

810-232-9950

## Center for Psychological Well Being

General counseling services for adults and adolescents. Psychological evaluation (mainly pre-surgical) available. Accepts many insurances including: Blue Care Network, BCBS, Health Alliance Plan, Health Plus, Magellan Health Services, McLaren Health Advantage/McLaren Health Plan, Medicare B- Michigan, United Health Care, Aetna (MEDICIAD NOT ACCEPTED)

1286 S. Linden Road, Flint Twp., MI 48532

810-407-7403

## Community Counseling Centers (CCC)- Provided by Ennis Center

Community hubs located at local churches. Provide licensed professional counseling to Pastors, members of the congregation, and the surrounding community. Individuals affected by the Water Crisis are encouraged to seek treatment and counseling through the CCC. Most insurances, including Medicare and Medicaid are accepted (uninsured will receive referrals to assist them in acquiring insurance) 810-341-2004 or 810-233-4031

\*\*Multiple locations\*\*

New Jerusalem Full Gospel Baptist Church 1035 E. Carpenter Road, Flint, MI 48505

Our Lady of Guadalupe Catholic Church 2316 W. Coldwater Road, Flint, MI 48505

New Life Tabernacle COGIC 5149 Bray Road, Flint, MI 48505

Word of Life Christian Center 406 Atherton Road, Flint, MI 48507

First Trinity Baptist Church 1226 Beach Street, Flint, MI 48502

## Consumer Services/Taylor Life Center

Offers case management, counseling and psychotherapy, psychiatry, addiction treatment and treatment for co-occurring substance use disorders. Will see pediatrics.

3169 Beecher Road, Suite 203, Flint, MI 48532 810-237-0799

www.consumerservicesinc.org

SEE ALSO ADDICTION/SUBSTANCE USE

## **Easter Seals Family Services**

Accepts most major insurances including Medicaid HMO's

Services include: Individual, family, and group therapy, Family centered planning, Community based services, In home therapy, Case management, Infant mental health, Family psycho-educational services, Services for children/adolescents with substance use, Juvenile Justice programming, Adventure therapy, Wraparound, Trauma specific therapy, Adolescent substance use. Will see pediatrics.

1420 West University, Flint, MI 48504

810-238-0475

## Family Service Agency

Counseling youth through adult, guardianship, senior programs and more. 1422 W. Court Street, Flint, MI 48503

810-767-4014

www.fsamich.org

## **Genesee Health System**

Psychological, psychiatric, and behavioral health services for children and adults

420 W. Fifth Avenue, Flint, MI 48503 CRISIS HOTLINE 24/7: 810-257-3740

810-257-3705

## Genesee Health System- Mobile Mental Health Unit Services

Call for Mobile Unit hours and locations

Mobile mental health for all ages. Helping parents with children's health, mental health, and difficult behaviors.

810-257-3777

## Gerholz Christian Counseling Center- First Presbyterian Church

Christian centered counseling services. Accepts donations for services. Employs certified, licensed counselors and lay counselors.

746 Saginaw Street, Flint, MI 48502

810-234-0500

www.fpcf.org/gccc

## Hamilton Community Healthcare Network

Services to children, adolescents, adults and the geriatric populations with diagnostic assessments, psychotherapy, and psychoanalytic techniques in several treatment modalities.

810-406-4246

www.hamiltonchn.org

## **Hope Network**

Offers residential treatment, behavioral health services, crisis stabilization, multiple behavioral health interventions. Will see pediatrics.

1110 Eldon Baker Drive, Flint, MI 48507

Crisis line: 810-235-3288

Case Management Program: 810-232-2766

Outpatient Therapy: 810-232-2766

Crisis residential services for adults: 810-233-4093

www.hopenetwork.org

## **Hurley Mental Health Associates**

Clinic hours: Mon-Thurs 8am-9pm, Fri & Saturday 8am-2pm Mental health treatment available for adults and children

1085 South Linden Road #150, Flint, MI 48532

810-262-2100, www.hurleymc.com/services/behavioral-medicine/

## **New Oakland Family Centers**

Offers multiple services to adults and children, including therapeutic alternatives, psychiatric hospitalization, day programming, group therapy, and individual therapies. Will see pediatrics. 2401 South Linden Road, Flint, MI 48507

810-957-4310

Crisis line: 877-800-1650

www.newoakland.org/programs

## SPECIFICALLY DESIGNED FOR CHILDREN- MENTAL HEALTH

#### Ele's Place

Grief counseling, play therapy, and support groups for children and teens. 1227 E. Bristol Road, Burton, MI 48529 810-232-3040

## **Ennis Center for Children**

Offers individual therapy for children, teens, adults, family therapy and marriage counseling 129 East Third Street, Flint, MI 48502 810-233-4031

## Families First - Orchard Family Services

An intensive home-based program, assisting families with struggling children who were adopted or in foster care.

444 Church Street, Flint, MI 48502 810-588-9487

## Hurley Children's Clinic at Flint Farmer's Market

ADHD Clinic, Developmental Behavioral Clinic and Neonatal, Developmental Behavioral Pediatrician Dr. Lauren O'Connell 300 E. Third Street, Flint, MI 48502 810-262-9773 www.hurleymc.com

## Mott Children's Health Center Child and Adolescent Psychiatry/Psychology Department

Offers mental health services to eligible children and teens focusing on the individual. Services include psychiatric evaluation and treatment, medication management, behavioral therapy, psychological health testing, educational testing, developmental testing, individualized counseling and family counseling.

810-237-7572

## **New Oakland Family Centers**

Offers multiple services to adults and children, including therapeutic alternatives, psychiatric hospitalization, day programming, group therapy and individual therapies.

2401 South Linden Road, Flint, MI 48507

810-957-4310

Crisis line: 1-877-800-1650 www.newoakland.org/programs

See Pediatric Behavioral Health Resources (GSID & Great Start)

To obtain a copy, contact Becky Case, 810-591-5226, bcase@geneseeisd.org

## PSYCHOLOGICAL TESTING (ADULT AND CHILD)

## **Delta Family Clinic**

Services include: Initial Evaluation and Diagnosis, Alcohol and Substance Abuse Evaluations, Interactive Metronome (Non-medication ADHD Treatment Program), Psychological Testing including: Cognitive Evaluations, Personality Evaluations, Neuropsychological Evaluations for Toxic Exposures including Toxic Lead Exposures and Head Injuries, Educational Assessments including School Readiness, Learning Disability, and Special Education Evaluations, Vocational, Forensic, Disability Evaluations, Preemployment, Personnel, and Fitness-For-Duty Evaluations, Pre-surgical testing for Bariatric Surgery, spinal implants, transplants, and cosmetic surgery.

1309 S. Linden Road, Suite C, Flint, MI 48532

810-630-1152

## **Easter Seals Family Services**

Services Include: Psychological testing, Neuropsychological testing 1420 West University, Flint, MI 48504 810-238-0475

## PSYCHIATRIC CARE (ADULT AND CHILD)

## Delta Family Clinic (verified 10/17/18)

Psychiatric Evaluations, Medication Management 1309 S. Linden Road, Suite C, Flint, MI 48532 810-630-1152

#### **Easter Seals Family Services**

Psychiatric evaluation, Medication management 1420 West University, Flint, MI 48504 810-238-0475

## Genesee Health System

Psychological, psychiatric, and behavioral health services for children and adults 420 W. Fifth Avenue, Flint, MI 48503
CRISIS HOTLINE 24/7: 1-877-346-3648
810-257-3705

## Genesys Hillside Center for Behavioral Services

Intensive outpatient therapy programs, Psychiatric evaluation, Medication management 8435 Holly Road, Grand Blanc, MI 48439 810-603-8800

## Mott Children's Health Center (CHILDREN ONLY)

Psychiatric evaluation, Medication management 806 Tuuri Place, Flint, MI 48503 810-767-5750

## **New Oakland Family Centers**

Offers multiple services to adults and children, including therapeutic alternatives, psychiatric hospitalization, day programming, group therapy, and individual therapies. 2401 South Linden Road, Flint, MI 48507

810-957-4310

Crisis line: 1-877-800-1650 www.newoakland.org/programs

## MOTHER-BABY PANTRIES

## **Answer Center for Women**

Free pregnancy testing, pregnancy counseling, parenting classes. Baby pantry with clothes, supplies and furniture for mothers enrolled in programming.

626 Stevens Street, Flint, MI 48502

810-234-7777

www.answercenterforwomen.org

## **Carriage Town Ministries**

Family Center Location for Women and Children. May have to take Shaken Baby Syndrome class to obtain layette set 705 Garland Street, Flint, MI 48503

810-233-8787

## Flint Eastside Mission

Provides a baby clothing, diapers, formula, blankets, strollers, etc. and household items like appliances and furniture for residents of the 48506 zip code. Medicaid card for the child is required. Limit 2 visits per month.

TU, W, TH, 9:30am-12:20p 1917 Delaware, Flint, MI 48506 810-767-5312

www.flinteastsidemission.org

## Flint Crisis Pregnancy Center

Family planning services, pregnancy testing, information on STDs, pregnancy, and options, ultrasounds (some restrictions apply), counseling, maternity clothing, baby clothing & supplies, community referrals, Support group for any female who has had an abortion, parenting classes

3404 Saginaw Street, Flint, MI 48503

810-767-7153 (24/7 Crisis Hotline and general inquiries)

www.flintcps.org

## **Greater Flint Outreach Center**

1114 University Avenue, Flint, MI 48504 810-767-4064

## **Heart Beat of Greater Flint**

Pantry with maternity clothing, infants and toddlers clothing, baby furniture, diapers and baby food/formula when available. Bring a picture ID, form of ID for child (such as Medicaid card or birth

certificate). A deposit of \$10-\$25 per item for baby furniture and car seats. Deposit will be refunded when item is returned.

320 E. 4th Street, Flint, MI 48502 810-232-3101

#### **SEE ALSO PREGNANCY**

## NEIGHBORHOOD IMPROVEMENT

## **Genesee County Metro Planning Commission**

Low interest or low payment loans for home repairs. 1101 Beach Street, Room 223, Flint, MI 48502 810-257-3010

www.gcmpc.org/need-housing-repairs

## Neighborhood Engagement Hub

Lends tools and work equipment for neighborhood projects 3216 Martin Luther King Ave, Flint, MI 48505 810-620-1299

www.neighborhoodengagementhub.org

#### **SEE ALSO REPAIRS**

## **NUTRITION**

## Food Addicts Anonymous- Woodside Church

Classes held at Woodside Church on Wednesday at 10am, Thursday at 7pm, and  $2^{nd}$  Sundays 3pm. 810-767-4911

727 East Street, Flint, MI 48501

#### Hurley Children's Clinic

An onsite nutritionist to educate families about healthy food choices. 300 E. 1st Street, Flint, MI 48502

810-262-9773

## **MSU Extension**

Offers cooking and nutrition classes, "Be Health, Be Active" see website or call for event details. Many online resources available.

605 N. Saginaw Street, Suite 1-A, Flint, MI 48502

810-244-8500

www.canr.msu.edu/food health

## WIC (Women, Infants and Children) Genesee County Health Department

A supplemental nutrition program providing healthy foods such as cereal, juice, milk, cheese, eggs, and more for income qualifying women who are pregnant, breastfeeding and/or have a child under 5 years

of age. Provides nutritional education, breastfeeding support and referrals to health service providers for both mother and child.

G-3373 S. Saginaw Street, Burton, MI 48529

810-742-2255

www.gchd.us

## **OB-GYN CARE**

## Hurley Women's Clinic

OB/GYN and midwife services including gynecological and family planning services, preconception care, care during pregnancy, childbirth, and postpartum, prenatal classes, high risk obstetrical care, care during menopause. (888) 611-4462. Courses include: childbirth, prenatal care, baby care, breastfeeding, 1 Hurley Plaza, Flint, MI 48503

888-611-4462

810-257-9751

## Hamilton Community Health Network- OB/GYN services

OB/GYN Services include: Board certified obstetric physicians, Routine prenatal care, High-risk prenatal care, Genetic testing, Chronic and pregnancy-induced disease management, Delivery services coordinated with Hurley Medical Center, Postpartum visits and family planning counseling, Routine and preventative care.

Burton	Main	North Point
G-3375 S. Saginaw	2900 N. Saginaw	5710 Clio Road
Burton, MI 48529	Flint, MI 48505	Flint, MI 48504

810-406-HCHN (4246)

## **PARENTING**

## **Catholic Charities**

Provides free support groups, programs, and classes in an effort to strengthen individuals and families, as well as make children resistant to substance use. Families and Schools Together (FAST), Parent Education, Life Skills, Encouraging Positive Behavior (kids), substance abuse in teens and more. 901 Chippewa Street, Flint, MI 48503

810-232-9950

www.catholiccharitiesflint.org

## **Hope Network Connexion**

Classes include Parenting for Effectiveness, Active Parenting of Teens, Family Conflict Resolution, Teen-Parent Conflict Resolution, Anger Management (\$60 fee), Alcohol Highway Safety Program (\$90 fee). 1110 Eldon Baker Drive, Flint, MI 48507

810-715-2341

Pbishop2@hopenetwork.org

## **Families First**

An intensive home-based program, assisting families in crisis for a period of 4-6 weeks for an average of 10 face-to-face hours with families per week. Aims to resolve challenges faced by the family. During the intervention the Families First of Michigan worker is available to families 24 hours a day, 7 days a week in the event of an emergency.

810-588-9487

## Genesee Health System

Are you are caregiver of a child that has experienced trauma? Sometimes a child's exposure to trauma can lead to changes in behavior that interferes with their learning and relationships. Learn how to help children who have experienced trauma. Call for dates or register online.

806 Tuuri Place, Flint, MI 48503

810-496-5112

www.genhs.org/RPW

## **Great Start Parent Coalition**

Parent support group with meetings and free family activities for parents of children prenatal to age 12. 810-591-5126

#### **Involved Dad**

A peer to peer support group for fathers of all ages providing strategies to empower and equip men for success. Designed to combat the negative effects of fatherlessness, focused on those who have unpaid child support and other topics effecting dads.

313-757-1388

www.involveddad.org

## **Judson Center**

Offers parenting classes to prevent children from being removed due to CPS involvement. Call for enrollment.

2370 S. Linden Road, Flint, MI 48532

810-732-8510

www.judsoncenter.org/child-and-family-services/parent-education-classes

## **MSU Extension**

Five classes for parents and children focus on supporting families and children in developing successful routines, handling behavioral challenges, establishing rules and supporting social and emotional development. Call for dates and locations.

810-244-8535

www.msu.edu

## **National Parenting Helpline**

1-855-4APARENT (1-855-427-2736)

## Orchards Children's Services

Helps with adoption, foster care, family preservation and unifications.

444 Church Street, Flint, MI 48502

810-239-3264

www.orchards.org

## Successful Kids = Involved Parents (SKIP) to a Great Start

A home visiting program for families with children pre-birth to kindergarten (5 years). Provides monthly home visits with a parent educator with an emphasis on supporting parents as their child's first teacher, parent-child playgroups, child development/screenings and school readiness, parenting information, resources for families and newsletters.

810-591-5137

## PHYSICAL ACTIVITY

## Crim Fitness Foundation

Offers a wide variety of active outreach programs, community events, and community initiatives.

452 S. Saginaw Street, Suite 1, Flint, MI 48502

810-235-3396

## Greater Flint Health Coalition - Commit to Fit!

Free fitness, nutrition education classes, materials and tools to promote and maintain good health.

Online health behavior tracking to monitor health and wellness goals.

519 South Saginaw Street, Suite 306, Flint, MI 48502

810-232-2228

www.commit2fit.com

## **Genesee County Parks**

Parks have beaches, splash pad areas, nature preserves, walking paths, disc golf course, boat launches, fishing sites, off-road vehicle areas and campgrounds.

5045 E. Stanley Road, Flint, MI 48506

810-736-7100

www.geneseecountyparks.org

## Ligon Educational Outdoor Center

Nature preserve focused on outdoor environmental education

Visit ligon.geneseeisd.org for events, activities, and reservations

Park includes: 264 acres of nature. Lake Ligon, Over six miles of hiking trails, Children's Garden, Educational opportunities for students and teacher, Low ropes course (for children age 11-adult) 5213 East Farrand Road, Clio, MI 48420

810-591-4487

## Mott Children's Health Center-Wellness Center

Wellness Center is for children age 10-21 years old who live in Genesee County. Parent/guardian must complete an orientation session prior to children/teens joining Wellness Center

Hours of operation: Monday-Thursday: 3:00 – 6:00pm

Facility offers: Elliptical machines, Treadmills, Upright bikes, Recumbent bikes, Rowing machines,

Medicine balls, Strength training circuit

806 Tuuri Place, Flint, MI 48503

810-767-5750

## YMCA-Morning Basketball Program

Starting November 3, 2018, youth can attend a free basketball program from 9am-11am at the Downtown YMCA. Program starts with breakfast served 9am-9:30am. Program is free and open to the first 50 youth to sign up.

411 E. Third Street, Flint, MI 48503 810-232-9622

## POST-PARTUM SUPPORT

## **Blossom**

A postpartum support group of local mothers. Email brousseau.amanda14@gmail.com for more information.

## Postpartum Adjustment Alliance-Genesee County

Facebook support group. Posts information about Blossom support group meeting times. www.facebook.com/Postpartum-Adjustment-Alliance-Genesee-County-1795980800643821/

## Post-Partum Doula

## Shonte Terhune-Smith, IBCLC

Post-partum doula services including breastfeeding support, infant care, post-partum health for mom, bonding with siblings, adjusting to life after baby, establishing routines, etc. NOT A FREE SERVICE 810-213-0090

## **PREGNANCY**

## **Answer Center for Women**

Offers pregnancy counseling, testing, parenting classes and supplies for baby. 626 Stevens Street, Flint, MI 48502 810-234-7777

www.answercenterforwomen.org

## Flint Crisis Pregnancy Center

Provides information on STDs, pregnancy, ultrasounds (some restrictions apply), peer counseling, community referrals and parenting classes.

Call to schedule intake interview, Monday-Friday 9am-4pm 3404 Saginaw Street, Flint, MI 48503 810-767-7153 (24/7 Crisis Hotline and general inquiries)

## www.flintcps.org

## Genesee County Health Department Burton Branch - Family Planning

Offers walk-in pregnancy testing, emergency contraception, STI and HIV testing, and prescription and non-prescription birth control refills for current patients. Appointments required for initial and annual exams. Services will not be denied based upon income or the inability to pay.

G-3373 S. Saginaw Street, Burton, MI 48529

810-237-4538

#### www.gchd.us

## Heart-Beat of Greater Flint

320 E. 4<sup>th</sup> Street, Flint, MI 48502 810-232-3101

Free pregnancy testing, Pregnancy counseling, Parenting classes

## Mother To Baby.org

This website tells you how medications effect pregnancy and breastfeeding. <a href="https://www.mothertobaby.org">www.mothertobaby.org</a>

## Planned Parenthood

Pregnancy testing, birth control, HIV testing, Men's Health Care, Emergency contraception STD testing, treatment, vaccination, abortion services, women's health care

Two locations:

3371 Beecher Road, Flint, MI 48532 810-238-3631

## TEEN Pregnancy - Kearsley Clinic

Resources for teen mothers 517-554-9558

## Safe Delivery

Allows parents to safely surrender their newborn child no more than 72 hours old to an employee who is inside and on duty at any hospital, fire department, police station, or by calling 911. This program is a safe, legal and anonymous alternative to abandonment or infanticide and releases the newborn for placement with an adoptive family.

Safe Delivery Hotline: 866-733-7733.

## Women's Center of Flint and Saginaw

Services available: Walk-In free and low cost pregnancy testing, Abortion services, Emergency contraception, Birth control exams
G-3422 Flushing Road, Diplomat Plaza, Flint, MI 48504
810-230-1300 (phones staffed 24/7)
www.whcofmi.com

(SEE ALSO MOTHER & BABY PANTRY)

# PRESCHOOL/EARLY EDUCATION

## Carman-Ainsworth Early Head Start

For residents of Bendle or Carman-Ainsworth School Districts. Under age 3. 1811 W. Scottwood Avenue, Flint, MI 48507

810-591-7236

## Early Head Start GCCARD

Ages 0-3. Focuses on parent education and parent involvement. Weekly home visits, bi-monthly parent/child groups, health and nutrition services, developmental screenings, family activities and transportation provided.

719 Harrison Street, Flint, MI 48502

810-235-5613

www.gccardheadstart.com

#### Early on

Genesee ISD

Early intervention services for children 0-3 with developmental delays and/or disabilities 810-953-KIDS

Contact Susan Fleming, Principal

810-591-4883 or

Mary Rickard, Teacher Consultant for Early On® Services

810-591-4948

www.1800earlyon.org

#### Educare Flint

Early childhood education programs for Flint children ages birth to five. Educare schools help young children develop essential skills for success. Low teacher-child ratios, research-based curriculum, strong family engagement

1000 Gladwyn Street, Flint, MI 48504

810-591-KIDS

www.educarekids.org

## **Great Start Collaborative**

Helps parents with children ages 0-8 with child safety, child care, preschool, health, nutrition and more. 810-591-5137 or email <a href="mailto:cpayton@geneseeisd.org">cpayton@geneseeisd.org</a>

## **Great Start to Quality**

Great Start to Quality allows you to search all quality, licensed programs, for children 0-12, in Michigan to find the best care for your child and family

www.greatstarttoquality.org

www.michiganpreschool.org

## **Great Start Readiness Program** (GSRD)

Preschool classes age 4 on or before Sept 1. Eligibility for GSRP requires that family income be below 250% of the federal poverty guidelines with priority given to children based on family income. If capacity is available, GSRP may enroll families up to 300% above the income poverty level.

www.geneseeisd.org

## **Head Start GCCARD**

Ages 0-5. Comprehensive developmental preschool and family program for low income families. Socialization and readiness activities. Home and center based.

810-235-5613

www.gccardheadstart.com

#### **Head Start GISD**

GISD Head Start preschool is available to children age three to five in the Flint, Carman-Ainsworth, and Beecher school districts. GISD Early Head Start is available to Flint children, age birth to three, who have been affected by the Flint water crisis.

800-591-KIDS

www.geneseeisd.org

## <u>Successful Kids = Involved Parents (SKIP)</u>

SKIP to a Great Start is a home visiting program for Genesee County families with children pre-birth to kindergarten. SKIP provides monthly home visits using the evidence-based Parents as Teachers framework, with an emphasis on supporting parents as their child's first teacher. 810-591-5137

www.geneseeisd.org

## **PRESCRIPTIONS**

## First Presbyterian Church (verified 10/16/18)

Will assist with a ONE TIME payment (up to \$50) for prescriptions. Need a written quote from the pharmacy to apply.

746 Saginaw Street, Flint, MI 48502

810-234-8673

www.fpcf.org

## MotherToBaby.org

This website tells you how medications effect pregnancy and breastfeeding.

www.mothertobaby.org

## **REPAIRS**

## Community Tool Shed

Open to Flint residents in the spring and summer. Provides a range of lawn and garden tools to support community revitalization activities. They rent zero-turn mowers, brush hogs, push lawnmowers, rakes, shovels and everything in between. Tools are available at no-cost. Call to make a reservation.

3216 Martin Luther King Ave., Flint, MI 48505

810-620-1299

toolshed@neighborhoodengagement.org

www.neighborhoodengagementhub.org

GCCARD – Genesee County Community Action Resource Department

Help with water heater replacement or repair (homes with children or seniors and over 4 years old), door repair and replacement, window repair and replacement, storm windows, furnace cleaning, repair, or replacement, sidewall insulation, refrigerator replacement, attic insulation, foundation insulation.

Also assists with weatherization treatments.

601 N. Saginaw Street, Suite 1B, Flint MI 48502 810-787-0199

www.gc4me.com

## **Genesee County Metro Planning Commission**

Low interest/low payment loans for home repair 1101 Beach Street, Room 223, Flint MI 48502 810-257-3010

www.gcmpc.org/need-housing-repairs

SEE ALSO NEIGHBORHOOD IMPROVEMENT

## **Habitat for Humanity**

Offers home repair including roofs, structural damage, porch repair, electric, plumbing, HVAC, handicap accessibility, siding, exterior paint, weatherization, & energy efficiency 810-766-9089

www.geneseehabitat.org/home-repair

## WRAP PROGRAM: Water Residential Assistance Program (Community Action Alliance)

Bill assistance, water conservation measures, and resource navigation for residents of the Great Lakes Water Authority. Assistance up to \$1000 per household. \$25 monthly bill credit and help with past due bills. Home water audit & minor repairs for homeowners above 120% of average usage. Currently there is a waitlist.

313-386-WRAP (9727)

www.waynemetro.org/WRAP

# RIDES/TRANSPORTATION

## **Jewish Community Services**

Medical transportation outside Genesee County. Local medical transportation for Genesee County resident 60 years and older.

619 Wallenberg Street, Flint, MI 48502

810-767-5922

www.jcsflint.org

## **Medicaid Ride Services**

Call your individual plans for information to schedule a ride to your doctor.

BCBS Complete: 1-800-228-8554

HAP Midwest Health Plan: 313-581-2600 Meridian Health Plan: 8-888-437-0606 Molina Health Care: 248-925-1700

United Health Care Community Plan: 800-903-5253

Straight Medicaid: 866-569-1902

## www.member.logisticare.com

## Personalized Public Transit (MTA)

Your Ride is personalized public transit service designed for use by persons who are unable to use fixed route bus service. Your Ride should be used only when your age or disability prevents you from using fixed route bus service or fixed route services are not available to you. Your Ride curb to curb is available throughout Genesee County to those who qualify. As part of MTA's Ride to Wellness and Non Emergency Medical Transportation, Door to Door service is available per request and approval. <a href="https://www.mtaflint.org/your-ride">www.mtaflint.org/your-ride</a> for specific phone numbers

## Rides to Wellness

Rides to doctor appointments, pharmacy, grocery stores, farmers market, help centers (MTA and MDHHS) 4 times per month. Operates Monday-Friday 9am-5pm \$1.75 each way. Only serving clients in the zip codes 48501-7 and 48532. Must have an open MDHHS case number. Must call Medicaid first to schedule ride.

810-780-8946 or 810-767-0100

www.mtaflint.org

## Rides to Groceries (MTA)

Passengers can call to schedule a trip. The service runs Monday-Saturday 6:30 am to 10:30 pm and Sunday 9:30 am to 7:00 pm. Cost for this service is \$3.50 each way. Cost for Seniors 65 and older or on Medicare and persons with disabilities is \$2.25 each way. There is no limit to the amount of groceries brought on to the vehicle.

## St. Christopher Medical Transport - Catholic Charities

Provides free rides for children to medical appointment out of county. 901 Chippewa Street, Flint, MI 810-397-9924

## SENIOR CITIZENS

#### Valley Area Agency on Aging

Services include assistance with MI Choice Waiver program, MMAP (Medicare enrollment), caregiver assistance, health programming, independent living programming, volunteer matching, diabetes management and more.

225 E. Fifth Street, Suite 200, Flint, MI 48502 810-239-7671

www.valleyareaaging.org

## SEXUAL ASSAULT

## **Voices for Children**

Prevents child abuse and helps survivors become children again. 515 East Street, Flint, MI 48503

#### 810-238-3333

www.weissadvocacycenter.org

## YWCA of Greater Flint/SAFE House

24-Hour Crisis Line: 810-238-7233

Crisis line, prevention education, emergency response team, sexual assault response team, safe house, and sexual assault support groups.

801 S. Saginaw Street, Flint, MI 48501

810-238-7621

www.ywcaflint.org

## **SHOWERS**

## Catholic Charities Center of Hope "Shower Rooms"

Schedule an appointment in the Community Closet to use the shower.

901 Chippewa Street, Flint, MI 48503

810-232-9950

www.catholiccharitiesflint.org

## **Habitat for Humanity**

Shower filters available. \*Call for availability\*
Office and Re-Store
101 Burton Street, Flint, MI 48503
810-766-9089

# SMOKING CESSATION/TOBACCO

## American Cancer Society

2413 S. Linden Road, Flint, MI 48532

810-733-3702

www.cancer.org

## American Lung Association

Free telephone counseling or an online program to help quit smoking.

800-548-8252

www.ffsonline.org

www.lung.org

## Become an EX

Online guide to help guit smoking including making a guit plan and support.

www.becomeanex.org

## **Hurley Wellness Services**

Quit Smoking Classes and individual counseling available.

810-262-7898

www.hyrleymc.com

## Michigan Tobacco Quit Line

Information on local quitting smoking services.

800-QUIT-NOW

www.michigan.quitlogix.org

## **National Cancer Institute**

Quit smoking support: <a href="www.smokefree.gov">www.smokefree.gov</a> Women: <a href="www.women.smokefree.gov">www.women.smokefree.gov</a>

Teens: www.teen.smokefree.gov or text QUIT to iQUIT (47848)

## Teen Vaping Helpline, My Life, My Quit

Tobacco and vaping cessation for youth under 18 years of age.

www.mylifemyquit.com

855-891-9989

## **Wellness Services**

One-on-one support and community support groups. 311 E. Court Street, Flint, MI 48502 810-232-0888

www.wellnessaids.org

# STD/HIV SERVICES

## Genesee County Health Department Burton Branch - Sexual Health Clinic

Walk-in services include: Confidential STI (STD) testing and treatment, free HIV testing and counseling, and pregnancy testing. Valid picture ID required. Services will not be denied based upon income or the inability to pay.

G-3373 S. Saginaw, Burton, MI 48529

810-257-3139

www.gchd.us

## **Sacred Heart Rehabilitation Services**

Flint outpatient recovery and wellness services assists with behavioral health issues, including those with limited means, to improve their quality of life. Provides outpatient care, women's specialty care, HIV/AIDS care, medication-assisted treatment for adults and adolescents.

2091 Professional Drive, Suite D, Flint, MI 48532

810-732-1652

www.sacredheartcenter.com

## Wellness AIDS Services

Confidential, rapid HIV testing, STI testing, support group, clean syringes, Naloxone/Narcan rescue kits and community referrals.

311 E. Court Street, Flint, MI 48502

630 S. Saginaw, Flint, MI 48502

810-232-0888

www.wellnessaids.org

# SUBSTANCE ABUSE/ADDICTION

## **Alcoholics Anonymous**

See link for meeting times and locations. <a href="http://geneseecountyaa.org/meetings/">http://geneseecountyaa.org/meetings/</a>

## Al-Anon/Al-Ateen

Support groups and information services for family members of addicts.

810-234-1460

www.gaais.webs.com

## Building Strong Women - Women's shelter

A shelter for domestic violence, substance abuse, mental health and homeless women with or without children.

2524 Clio Road, Flint, MI 48504

810-234-7933

www.buildingstrongwomencommunity.org

## Catholic Charities- Substance Use Disorder and Addiction Services

Offers substance use assessments, driver's license assessments, mental health outpatient services, and health professional recovery program.

901 Chippewa Street, Flint, MI

810-232-9950

www.catholiccharitiesflint.org

#### Consumer Services/Taylor Life Center

Offers case management, counseling, psychotherapy, addiction and substance use disorders.

3169 Beecher Road, Suite 203, Flint, MI 48532

866-975-6382

www.consumerservicesinc.org

## **Genesee Health System**

Those seeking treatment for substance use disorders can access a number of providers and services with and near Genesee County. Funding is provided for substance use disorder treatment services for people who are uninsured, under-insured, Healthy Michigan, Medicaid, or MIChild recipients.

810-232-6310

877-346-3648 Toll Free

Crisis Services – 24 Hours/7 Days

1-810-257-3740

www.genhs.org

#### Life Challenge

Christian based, one-year residential program for men and women with drug, alcohol, and other life-controlling addictions. Emphasizes Bible study, counseling, and a Christian community.

1230 Dupont Street, Flint, MI 48504

313-531-0111

www.lcministries.org

## **Odyssey Village**

Residential and outpatient drug and alcohol treatment center. Long-term residential therapeutic community providing client centered treatment for men, women and families. Comprehensive family care includes parenting men and co-parenting couples. Traditional outpatient day treatment (lunch and transportation provided) and peer support services.

529 MLK Blvd., Flint, MI 48502

810-238-5888 Residential Admissions

810-232-7919 Outpatient Program (1108 Lapeer Rd, Flint 48502)

810-232-7226 Administration

810-238-5888 Enhanced Women's Specialty Services (during pregnancy and 1 year postpartum)

www.odysseyvillage.com

## Serenity House

A holistic approach to addiction recovery and recovery support. Partners with Odyssey House. 529 Martin Luther King Avenue, Flint, MI 48502

810-893-1276

www.flintserenityhouse.org

## Sacred Heart Rehabilitation Center

Affordable treatment for drug and alcohol addiction. Admissions 24/7 for detox, residential inpatient, outpatient and more.

2091 Professional Drive, Flint, MI 48532

810-732-1652

www.sacredheartcenter.com

## **TUITION ASSISTANCE**

## MI Student Aid

Offers eligible Medicaid recipients tuition assistance during the student's qualifying certificate or associates degree program and also during a bachelor's degree program. May apply online or by calling. 888-447-2687

www.michigan.gov/missg

## **TUTORING**

#### Motherly Intercession

Offers children of incarcerated parents homework assistance and tutoring (serves children age 6-18). 3010 Dye Road, Flint, MI 48507 810-424-9909

www.miforu.org

SEE ALSO INCARCERATION SUPPORT

## Sylvester Brooome Empowerment Village

Free After-school tutoring and homework club.

4119 N. Saginaw, Flint, MI 48505 810-893-6098 www.sbev.org

## **UTILITIES**

## **AT&T Access Program**

Provides 10Mbps of internet service for \$10/month. No commitment, no deposit, no installation fee. One member of household must be a SNAP participant.

855-220-5211

www.att.com/access

#### **Catholic Charities**

Provides emergency rent, mortgage and utility assistance to eligible clients in need, as funds are available. Offers other health services as well.

901 Chippewa Street, Flint, MI 48503

810-234-4693

www.catholiccharitiesflint.org

## Consumer's Energy CARE 4.0 Program

Monthly bill credit on energy charges. Gradual forgiveness of a past due balance. Opportunities to receive energy saving services, including a home visit by an energy expert.

Contact: Tammy Griffus (United Way)

2171 South Liden Road, Flint MI

810-232-7740 ext. 230

www.comsumersenergy.com

## GCCARD – Genesee County Community Action Resource Department

Help with water heater replacement or repair (homes with children or seniors and over 4 years old), door repair and replacement, window repair and replacement, storm windows, furnace cleaning, repair, or replacement, sidewall insulation, refrigerator replacement, attic insulation, foundation insulation. Also assists with weatherization treatments.

601 N. Saginaw Street, Suite 1B, Flint, MI 48502

810-787-0199

www.gc4me.com

SEE ALSO REPAIRS

## GCCARD - United Way

Helps residents pay minimum payments on water bills. ONE time support that provides matching funds up to \$350 for payments on water/sewer bills.

810-244-8557

www.gc4me.com

## Michigan Assistance Program

Provides electric bills assistance to low-income households through State Emergency Relief and the Michigan Energy Assistance Program.

## www.michigan.gov/mibridges

## Needhelppayingbills.com

Provides resources for many services in Flint including clothing, food, legal assistance, housing, utilities and more. Enter your zip code to find resources in your area.

www.needhelppayingbills.com

## Salvation Army

Assistance with water shut offs, rent, eviction and emergency utility assistance. You must make an appointment for services. See website for document requirements.

211 W. Kearsley, Flint, MI 48502

810-232-2196

www.centralusa.salvationarmy.org/genesee/emergencyassistance

## <u>TrueNorth Community Services - Empower</u>

Help with heat and energy bills (electric, natural gas, propane, wood, pellets, fuel oil, coal and other fuels), you must have:

- Electric and/or natural gas bill(s) past due or a shutoff notice.
- Propane or fuel oil level less than 25 percent when delivered.
- Less than 14 days of wood and/or pellets.

Qualified based on income and assets. You must also complete and be approved for Michigan Department of Health and Human Services' State Emergency Relief assistance through MI Bridges. PO BOX 149, Fremont, MI 49412

231-355-5880

www.tnempower.org

## **VETERAN'S SERVICES**

## Genesee County Department of Veteran's Services

Provides resources such as emergent services to veterans struggling to make ends meet. Services include emergent services, VA home loans, compensation appeals, and burial benefits 1101 Beach Street, Flint, MI 48502

810-257-3068

www.gc4me.com/departments/veterans

## Michigan Department of Military and Veteran Affairs

Provides resources including: Family assistance, emergency grants, career counseling and job search, federal benefits, financial assistance, education and training, and healthcare resources 3411 N. Martin Luther King Jr. Blvd, Lansing, MI 48906 517-481-8000

www.michigan.gov/dmva

## MTA- "Vets to Wellness"

Free rides for Veterans and their spouse or caregiver to health and wellness services for 4 trips per month. Eligible riders must be a Veteran with an honorable discharge and live in Genesee County. 810-257-3068

## VISION

Burton Health Center - Genesee County Health Department Hearing and Vision screenings for children ages 3 and older. G-3373 S. Saginaw Street, Burton, MI 48529 810-257-3193 (CALL FOR WALK-IN APPOINTMENT TIMES) www.gchd.us

## **Genesee County Free Medical Clinic**

Offers care in dental, vision, prescriptions, medical and hearing. Must be low income, 18-65 years of age, a Genesee County resident, have a social security number and no other health insurance. By appointment only. Please call first. 2437 Welch Blvd., Flint, MI 48504 810-235-4211 www.gchd.us

Hamilton Community Healthcare Network
Vision and eye health needs for patients of all ages.
2900 N. Saginaw Street, Flint, MI 48505
810-406-4246
www.hamiltonchn.org

## **WATER**

SEE ALSO HELP CENTERS

#### Water Boxes

Bring your own water jugs to fill up for free at these mobile water filtration systems that use four filters to reduce heavy metals and harmful bacteria.

www.501CTHREE.org

First Trinity Missionary Baptist Church 1226 Beach Street, Flint, MI 48502 810-234-2653

Sylvester Broome Empowerment Village 4119 Saginaw Street, Flint, MI 48505 810-893-6093

Metropolitan Tabernacle Baptist Church 930 E. Myrtle Avenue, Flint, MI 48505

Latinx Tech Center 2101 Lewis Street, Flint, MI 48506 810-4243760

#### Water Kiosk Station at Catholic Charities

Bring in your own container to fill up with water for free. Limit 5 gallons per day.

Corner of Root Street and Fifth Avenue

9a-4p, M-F

810-265-7025

AND

North End Soup Kitchen

735 E. Steward Avenue

11:30a-5p, M-F

810-785-6911

www.ccsgc.org

## First Trinity Missionary Baptist Church

10-2, TU, W, TH

1121 Beach Street, Flint, MI 48502

## WRAP PROGRAM: Water Residential Assistance Program (Community Action Alliance)

Offers bill assistance, water conservation measures, and resource navigation for residents of the Great Lakes Water Authority. Assistance up to \$1000 per household. \$25 monthly bill credit and help with past due bills. Home water audit & minor repairs for homeowners above 120% of average usage. 313-386-WRAP (9727)

www.waynemetro.org/WRAP

## FILTERS, CARTRIDGES, & QUESTIONS

## CORE (Community Outreach Education program)

Gives free water filters or filter replacement cartridges. They can come to your home to help you install it or change the filter.

810-238-6700

#### City of Flint

Call or stop by for free filters, cartridges and test kits.

1101 Saginaw Street, Flint, MI 48502

810-766-7346

www.cityofflint.com

## **Habitat for Humanity**

Shower filters available. \*Call for availability\* Re-Store

101 Burton Street, Flint, MI 48503

810-766-9089

www.geneseehabitat.org

# WOMEN, INFANTS, and CHILDREN (WIC)

Women, Infants and Children (WIC)

Free supplemental nutrition program that provides healthy food, nutrition education and breastfeeding support to income qualified pregnant women, babies and children under 5 years old. Food benefits include items such as milk, cheese, eggs, cereal, peanut butter, dried beans/peas or canned beans/peas, fruit and vegetable juices, fresh fruits and vegetables and whole grain choices, including breads, tortillas, pasta, brown rice, and oatmeal.

G-3373 S. Saginaw Street, Burton, MI 48529 810-237-4537

www.gchd.us

www.wichealth.org (nutrition education online)

# HOLIDAY HELP/CHRISTMAS ASSISTANCE

## Catholic Charities- North End Soup Kitchen

Provides free Christmas Day meal to all. Meal starts at 11:30. Children attending will receive a new toy and adults will receive a personal needs bag. Must be present to receive a gift. No eligibility or documentation required.

735 E. Stewart Avenue, Flint, MI 48505 810-785-6911

## Flint Eastside Mission

*Christmas Dinner*- Free Christmas Day meal to all. Meal is 11am-1pm. No eligibility or documentation required

*Christmas Gift Giveaway*- provides holiday assistance to families in the 48506 area code. Applications are on a first-come-first-serve basis. **APPLY November 5**<sup>th</sup>-**8**<sup>th</sup> **9:30am-4pm**. Eligibility criteria:

- Parent or legal guardian must apply in person
- Driver's license or MI state ID
- Piece of mail containing the name and address of the individual applying for assistance and residency of 48506 zip
- Child's birth certificates or Medicaid card

## Old News Boys

Sign-Up Schedule

October 29 - December 21, 2018

Monday - Friday 8:30 AM - 4:00 PM

Closed for lunch from noon - 1:00 PM

Children from birth to age 18 (if still in high school) living in Genesee County may be eligible.

To qualify for the program, the parent or legal guardian must:

Come to the Old Newsboys office (Far south door on the west side of the building) during scheduled enrollment weeks and hours. We are not able to take telephone or email applications.

- Bring driver's license or State ID
- Bring their own social security card.
- Bring Michigan Medicaid card for each child or approved eligibility documentation\*
- Bring birth certificates or judgments of legal custody for each child

#### When you arrive...

- Intake and enrollment entrance is the far south door on the west side of the building.
- All above listed paper work must be provided for sign-up even if your children have received gifts from the Old Newsboys in the past.
- Parents or guardians may be turned away if they are under the influence of alcohol/drugs or are loud or abusive with the Old Newsboys' staff.
- You may not sign up for more than one similar service agency during the holidays. The Old
  Newsboys is in a service pool with 11 local holiday package providers. If you appear on one of the
  lists from another agency, you will be required to obtain a letter of release from that agency.
- \*Eligibility documentation for children not receiving Medicaid:
- Previous Year's Tax Return

Parents' or legal guardian's 2017 income tax return must verify low income for your child to qualify. The Old Newsboys uses the same criteria to determine need as the Federal Government.

• Reduced /free lunch acceptance letter from the child's school

PDF of eligibility criteria can be found here onbflint.org/img/christmas-box-enrollment-18.pdf

## Toys for Tots- Genesee County

Accepting applications for toys from 11/26/2018- 12/08/2018

Will review application up until 12/08/2018 (Approved applicants will be notified of specific distribution dates and locations. Check website for additional distribution details)

DISTRIBUTION DATES

Distribution Start Date: 11/28/2018- 12/18/2018

Must sign up in person at Toys for Tots ~ Genesee County. 4425 S. Saginaw Street, Flint, MI 48507 (in the old "UAW Local 581 Union Hall)

Contact Person: Ms. Vicky Muckenthaler

810-715-4401

Visit website for more details:

flint-mi.toysfortots.org/local-coordinator-sites/local-dates.aspx

## Salvation Army

Provides Christmas assistance. Children 14 and older are not eligible for toys. Parent or legal guardian must apply in person. Applications are on a first-come-first-serve basis

- 211 W. Kearsley, Flint 48502
  - o November 13<sup>th</sup> 9am-2pm
  - o November 14<sup>th</sup> 9am-7pm
- 1475 Coldwater Rd, Flint 48505
  - November 6<sup>th</sup> 9am-2pm

Must have following documents with you to sign up:

- MI ID and Social security cards for all adults in the household
  - Case summary from DHHS will be accepted as proof of Social security
- Proof of dependents in the home
  - o Birth certificates and social security cards (or DHHS summary)
- Current bills for the last 30 days
  - Bill must contain name and address of the individual applying for assistance

- o Current bills include rent, mortgage, water, gas, electric, telephone, cable, etc.
- Proof of income
  - o Pay stubs, child support, SSI, SSDI, unemployment/worker's comp
  - Notice of case action from DHHS will be accepted as income statement, cannot be more than 6 months old

# Family Friendly Places to Visit in Flint

#### APPLEWOOD ESTATE

A FREE family friendly story time at Applewood takes place every Friday at 11:30 a.m. Enjoy the gardens without reservations during regular open days. Guided house tours available with a reservation. 1400 E. Kearsley St, Flint, MI 48503-1917 810-396-3117

#### **BLUEBELL BEACH**

This public beach is not only free, but it's a great place to explore! Additionally, there is a splash pad {also free} for kids there, too. Nothing like some inexpensive water fun.

Free, 8am-sunset daily 5500 Bray Road, Flint, MI 48505

#### FLINT INSTITUTE OF ART

Art for all through collections, exhibitions, and educational programs. Baby tours one Sunday a month. Glass blowing demonstrations on Saturdays.

FREE for Genesee County Residents, Open 12-5 1120 East Kearsley Street, Flint, Michigan 48503 810-234-1695

#### FOR-MAR NATURE PRESERVE AND ARBORETUM

Throughout the grounds are meadows, ponds and plenty of trees. Hikers enjoy numerous miles of trails and our collection of gardens, nature center and treehouse.

8am - sunset daily 2142 N. Genesee Road, Burton, MI 48509 810-736-7100, ext. 892

#### **SLOAN MUSEUM**

Fun hands-on science exhibits, photographs, artifacts and historic automobiles that capture the history of Flint.

Adults: \$9, Children: \$6, under 2 free 1221 East Kearsley Street, Flint, MI 48503

## CHILDREN'S MUSEUM

Fun and interactive exhibits where they can learn through play - we love a museum where we can touch everything!

Adults: \$6, Children: \$6, under 12 months free 1602 University Avenue, Flint, MI 48504 810-767-5437

#### CROSSROADS VILAGE AND HUCKLEBERRY RAILROAD

Let kids experience the way people used to travel back in the 1900s as they climb aboard a narrow gauge train and even take a ride!

5045 East Stanley Road, Flint, MI 48506

#### FLINT FARMERS MARKET

Open year round with 50+ vendors inside the building and more outside. Features several produce vendors, a great meat market, poultry, breads and baked goods, cheese, a wine shop, an art gallery, a cafe, middle-eastern and Mexican groceries, and many unique gifts.

TU & TH 9-6, SAT 8-5 300 East First St. Flint, MI 48502 810-232-1399

## FLINT PUBLIC LIBRARY

Your Flint Public Library is a community jewel and respected institution. It's Flint's go-to place for learning across the lifespan. That means every person, at any age, for any reason, can come here and gain new knowledge. Call for children's programs and story time.

TU, W, TH 11-8, FR & SAT 9-6 810-232-7111

#### LONGWAY PLANETARIUM

A huge 60-foot dome where kids can learn all about the world above us in the universe! Adults: \$6, Children: \$4, under 2 free 1310 East Kearsley Street, Flint, MI 48503 810-237-3700

#### STEPPING STONE FALLS

Scenic recreation area with trails, picnic sites & an accessible dam & lake stocked with fish. 5161 Branch Rd, Flint, MI 48506 810-736-7100